# TESTIMONY OF ONE WHO HAS PASSED FROM DEATH TO LIFE



Gesellschaft für metaphysische Forschung e. V.







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### FROM DEATH TO LIFE

Received through the hand of

E. R. MACKAY





The Greater World,
3. LANSDOWNE ROAD, HOLLAND PARK
LONDON, W.11

230

"To give light to them that sit in darkness and in the shadow of death, and to guide our feet into the way of peace."

St. Luke 1/79.

PNFL 23

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## Messages which heralded this automatic script - - -

#### August 27th, 1927

"You will be ordained as writer to a well known man who will teach mankind the meaning of life, the beauty of holiness, and the wealth of God's love for His children. He is anxious to make amends for the bad influence he exercised during his earth life."

September 14th, 1927

"A new work begins in which you will take part."

September 18th, 1927

"We come to tell you that your new work begins to-morrow Our hopes are high for the good it will do."

September 19th, 1927

Script from unknown writer commenced.

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#### BEWILDERED YET ANXIOUS TO LEARN

When I had to face the fact that I was dead and yet found myself still in existence, equipped with the mentality that had been mine before that stupendous change had taken place, I was bewildered indeed. The bottom was knocked out of my theory of life.

I had spent years of labour seeking knowledge of the origin of the material universe; I had traced the evolutionary process.

An unanswerable problem, evaded all through my researches, had now to be solved, whether I would or not. What was the first cause—the force that initiates the scheme, sets in motion the working of those multitudinous activities manifested in the world we inhabit?

Only the marvellous precision of what we call the laws of the natural world made me at times consider the possibility of a controlling mind; but it was unthinkable to conceive of mind apart from body and brain, and on attempting any elucidation of this mystery no way was presented.

I gave up all hope of finding a verifiable 'moving finger' writing those laws which no will of human being has power to alter. The hopelessness of any research in this direction sent me back with renewed eagerness to lines of evolution giving rich reward for careful investigation.

#### MY FIRST DISCOVERY

Among our treasured beliefs the reality of matter is undisputed. In this realm all our senses ombine to testify to the existence of things physical. On entering this supermundane state of being I found that all matter depends on the rate of vibration of countless millions of evolving electrons moving at different vibratory speed according to their weight; one vibration producing such dense form as earth, another water. All manifestation draws life from the one source—just as in the human body the heart serves every organ according to its need.

Another belief was shattered and theory revolutionised when I made the discovery that the movement of atoms depended on their co-operation with revolving bodies of greater velocity. On investigation this was proved to account for the entire line of cause and effect: Each body moved that one contacting it, down to matter invisible to human power of detection.

The divine scheme was perfect: the greater gave impetus to the lesser; each worked in harmony with the whole and established the rhythm of the universe.

The movement of matter had to be started by an impelling force from within, which led to friction with surrounding bodies, thus causing a limitless stir throughout all created atoms.

One source alone can provide the primal urge-the

Creator of the universe, God, on Whom all life and power depends.

Our limited human intelligence cannot comprehend the magnitude of the divine scheme, but here we get a wider vision and see a little farther into the working of the laws in this material expression of the Divine Will.

We can understand little, but gradually the veil is raised, and we learn more of the mighty scheme by which humanity is to become one with its Creator.

Many ages will it take to refine the ore into pure gold, but all can help to hasten the process if they are willing to work in accord with the divine urge from within.

Every great Truth voices the word of God. The soul of man is divine—no matter what garb clothes it. To its Source of Being it must return, even as atoms of magnetic force are attracted towards a magnet.

A vortex draws downwards the lighter particles of matter, which are absorbed only to emerge again in another form, even as waste products can be converted to divers compounds. A correspondence occurring between the rate of vibration of several different bodies enables a similar action to take place.

#### A VISIT TO STRANGE REGIONS

On first entering this sphere I was at a loss to understand the meaning of what I saw. Men's occupations puzzled me. I visited regions where great boulders were being placed.

Everything was used to convey the Love of God to the beings He had created. Each one depended for full expression on the power emanating from this One

Divine Source. All had been created by Him and cast forth into material spheres to gain knowledge.

The screen of denser matter, veiling the spirit manifest in all creation, becomes here imperceptible in appearance.

The physical beauty avails nought when auric colouring betrays the ugliness of a debased mentality. Everyone is seen in his true colours; no disguise is possible.

The experience of many who held high positions in earth life is very distressing to them.

The men I saw placing boulders in position were symbolic of the constructive thoughts of minds seeking to stem the tide of materialism.

Wanting to find out more concerning this new method of creation, I asked if I might assist them. Consent being given, I set to work. The boulders were easy to place and appeared to be vibrating with a force which could be felt. They became welded together and formed a sure wall of resistance to an oncoming flow which sought continued passage. No progress being made, the tide gradually diminished and was absorbed into the ground.

#### THE FIGHT FOR POWER

On seeing my interest, the men took me to a region where the battle of opposing wills between two groups of men was in progress. The combatants met with obvious pain; their weapons symbolised sharp thrusts and stunning blows. The winning side, however, held on tenaciously and gradually bore down the resistance of their opponents.

Right conquered might in this combat-for the

dispute concerned the leadership of a party opposed to good and seeking to exert their evil influence on others still desiring the pleasures of earth life. Again and again the combatants came together, directing their attacks with great energy and purpose; but power was most enduring with those whose aim was imbued with the Love of God and desire to fulfill His Will.

The losing side at last succumbed to their superiors and were taken captive. I inquired as to their fate and was told they would be given opportunity for enlightenment, but all were free to choose whether or not they availed themselves of it.

On one other question the reply so baffled me that I begged for elucidation.

#### **CURIOUS PHENOMENA**

I had asked the meaning of the changing colours
I had noticed playing around the combatants while the
contest was in progress, and was told that the rays
were engendered by the mental vibrations excited by
the opposed wills.

My strange experiences filled me with amazement. Such curious phenomena gave food for thought and wandered away, alone, to think out what I had learnt of the new world in which I found myself.

The various occurrences I had witnessed manifested creative power in a form hitherto unknown to me. Thought was creative, certainly—we had been aware of that fact—but the process was intangible; mind conceived, and physical expression was given as result of the mental urge.

A different process obtained here: mental activity wrought its images immediately in symbolic form

visible to all, just as a picture appears on a sensitised plate.

On my inquiring the meaning of the conflict I had witnessed I was told that the reign of God was supreme but was frequently disputed by unevolved souls ignorant, blind and deaf to eternal truth. Their misguided activities had to be checked, and their antagonism to divine rule proved useless. In time the futility of their efforts was obvious and they began to seek the reason and enter into the beginning of misdom.

#### CREATING BY MIND-POWER

On my using the knowledge I had gained, I found myself able, by the exercise of concentration of mind, to create any object I thought of with sufficient intensity. This newly gained power absorbed my interest for some time, and I became more proficient in producing well defined creations, just as a highly gifted and experienced craftsman produces better work than one less qualified. This was indeed a most absorbing occupation. Etheric matter being far more malleable than physical substance, the ease with which form was moulded, by direction of thought-force, was a wonder to behold.

Venturing into further essays, I found it possible to weave my thoughts into geometrical symbols, and watched the forms build up with keen interest. I made a circle by holding the thought of a point and gradually watching it expand, thus creating a disc which I could convert into a ring at will.

My mind was greatly exercised as to the method employed in this transference of thought into form. I saw the effect, but the actual operation was a mystery. What material was used? Great marvels these to my ignorant eyes.

#### MATERIALISED THOUGHT-FORMS

Over the whole manifestation control was evident, though where it came from I could not determine. My efforts resulted in obtaining ever more clearly defined projections of my mental pictures. Every attempt achieved a measure of success in proportion to the mental effort put forth.

Enlightenment came, however, when I noticed the manner in which the forms evolved: first a faint misty image appeared which gradually solidified as my mind concentrated on it. After a while this became so quickly accomplished that less effort was required, and I could materialise thought-forms at will.

Other people's thoughts were equally visible, no disguise was possible to any of us.

Error arose only when my mind wandered; then a chaotic image resulted. With effort this fault was overcome, and I became more expert at concentration.

After a time I grew tired of these experiments and wandered on, observing all that met my gaze. Of all unusual sights the most curious was the manner in which people appeared burdened with loads from which they sought in vain to free themselves. They set them down, but the objects closed on them again as if drawn by magnetic force.

#### "CONVERSATION" IN THE SPIRIT WORLD

Through these wonderful revelations of the creative power of mental activity, my interest increased in the new realm in which I found myself. Getting into conversation with some of the people about me, I learned that they gradually came to do without the spoken word. The minds of those in perfect accord could communicate mentally.

#### RESCUE OF DROWNING MAN

Going onward, I came to a crowd of people engaged in an attempt to bring to the surface a man who could be seen struggling in deep water. After a moment's pause for consideration it became evident that if his life was to be saved, I was to perform the task—for no one else was equal to the effort required.

I plunged in, and soon had hold of the sinking man: a few strong strokes brought us to the shore, where the people eagerly set about reviving the rescued man.

To my amazement, on emerging from the water my clothing was perfectly dry, though while immersed I had experienced the usual sensation.

Standing apart, bewildered with the strange happenings, I was accosted by a man who was unlike any I had yet seen. "Are you aware of the significance of the deed you have just performed?" he enquired. "The impulse to save the man's life was irresistible; no one else appeared able or willing to rescue him," I replied. "Notice the change that has taken place in your apparel," he said; and I perceived that my garments were of a brighter hue, though in shape and form such as I was accustomed to.

#### EARTHLY KNOWLEDGE AND ITS VALUE

He explained: "A virtuous deed lightens the aura because of the vibration coming from selflessness, which is in harmony with the Christ sphere. On making this contact with the Source of Power, you have made the first step towards spiritual enlightenment. In the earth life just ended you were deaf and blind to all but the material aspect of all things, a limitation due to self-sufficiency and mental arrogance. Your rank as a

distinguished teacher is valueless here. You must learn from the children the meaning of the love which rules the world in which you now find yourself: all is measured by the weight of that attribute.

#### THE RESULT OF IGNORING LOVE

"You ignored love in the earth life just ended. None mourn your leaving them, and you have brought little with you. Come, and I will show you the sum total of your earth experiences and explain the pictures you will see.

"Mention to me the incidents of your past life which seemed to you of greatest importance," he added.

"The day I was made a Member of the Royal Institution for my work on Unicellular Organism and its Development, my pride was great on being recognised by that distinguished company."

"Our enjoyment of such triumphs is short-lived," said my companion. "The true feats of prowess are those that build into the soul some element of lasting beauty. What other deeds of note can you recall?"

"Work absorbed my time and energy. There were no special events I can call to mind," I replied.

"Come, we will look on the design and see how far you have wrought in harmony with the divine pattern."

"I don't understand your meaning," I said, at a loss to make reason of his words.

#### THE ABUSE OF FREE-WILL

"The soul is sent into earth life as a traveller on a pilgrimage. The necessary equipment is bestowed for the difficulties to be encountered, and the Divine Voice is to be heard by those willing to heed its guidance. Free-will is also given, and thus it happens that error

dogs the footsteps and leads the unwary into devious paths. Only when the soul is obedient to Divine Guidance can life weave the perfect design intended.

"God is the Creator of all beauty; when He influences man, the work of his hands lives. The artist who would achieve greatness should seek inspiration in the silence—communing with the divine element of his innermost being.

"All that is superficial quickly dies-it has no roots.

"Your work had earnest purpose behind it. Had you sought for Divine Guidance, greater vision would have been yours."

After these remarks my companion proceeded onwards, until we approached a building which resembled our government offices in Whitehall. We entered and passed into a large hall, where the walls were apparently used as screens for the projection of pictures.

My guide requested that the scroll of my life story should be displayed, and to my amazement there appeared before me, in one continuous and slow moving picture, the record of my earth life from earliest infancy to the recent transition.

#### VARIOUS COLOURS OF THE AURA

The portrayal was immensely interesting, for every act was accompanied by the auric colouring created by the emotional excitement. The significance of these colourings was explained and thus I saw, revealed without disguise, the true motive behind every action—giving visible evidence of the real motive behind every impulse and its effect on the etheric body, which I saw had been associated with the physical form from the beginning.

A permanence of certain colours became notice-

able as character slowly developed. As I passed from childhood into adolescence, the predominence of selfishness was indicated by the heavy shade of brown and red that spread more widely through the aura enveloping the body. Then there appeared a lightening as attention became set on the pursuit of intellectual attainment, but the hues I was later to see in the records of other lives were lacking entirely from my own.

My guide, after explaining the significance of what I gazed upon, stood by silently watching my face—which no doubt registered many emotions at this revelation of my innermost thoughts and feelings. Truly a disconcerting experience!

"Our work never achieves the divine design, but a fair copy can be attained. You shall see one of the best."

#### THE CONNECTION BETWEEN SOUL AND BODY

He caused another record to be displayed. In this I saw the unfoldment of a life story in which the lamp of God-consciousness illumed every step of the way. The budding life was led into the way of truth, the affections directed to acts of unselfishness, and the ardours of adolescence devoted to worthy aims.

The revelation of this intimate connection between body and soul showed me how greatly the physical organism could be aided by conscious co-operation, how the mind could be inspired by the influence from the Source of Power. God is the Creator of all. The universe manifests His mighty power. Humanity alone, having been given free-will, goes astray and obstructs the divine scheme.

Created by God, man cannot sever himself from

the Source of his being. Greatness is the prerogative of him who obeys the Divine Voice we know as conscience. Our ordeals, which appear so overwhelming in the course of earth life, could all be encountered in safety, would we but keep our hold on faith in Divine Love. We let go the oars and bewail our inability to make for the haven where we would be.

Magnificent effort is put forth for some achievement in physical endurance, but how many make a courageous attempt to overcome a failing likely to bring ruin and disgrace?

#### THE DAYS OF MY YOUTH

I recollected my own youthful days. Grea hopes filled the heart of my father as he saw my intellectual powers develop. Religious observance was unknown in our home; the Name of the Almighty was never mentioned. I remembered the attitude of my father to any subject in which imagination had play. Common-sense was his watchword, and his mind excluded any thought outside the realm of physical law as he knew it.

The life of the animal world absorbed him entirely. Their origin, development and instincts were of intense interest. Strange it seems to me now, that the prime cause of all physical phenomena was not taken into consideration!

No reverence was felt fo the perfection expressed in this world teeming with beauty, variety and adaptation to purpose and environment. The perfection was perceived and admired, but not with acknowledgment of the Creator—even as the mechanic watches and tends machinery without a thought of the inventor.

#### WHAT THE MATERIAL WORLD REPRESENTS

I realised now that the material world is the outcome of unseen spiritual activity. Comparatively few of Earth's denizens have any perception of this fact, their minds not being capable of receiving the finer vibrations of a higher plane.

Entering upon my retrospection—out of which emerged a clearer vision of the meaning hidden in all experience—my guide enlarged on the explanation he had already given me, showing the far-reaching working of cause and effect.

The all-important lesson to be learnt was the necessity for conscious co-operation with God, the Almighty Ruler of the universe.

From king to peasant this may be effected, just as the smallest twig is one with the root of a tree, no matter how great the size.

I recalled my total disregard of any such recognition. I had looked upon myself as a self-sufficient individual, and was somewhat proud of the position I had made for myself.

Now I saw how this had limited my vision.

Already the pursuit of knowledge apart from this union with its Divine Interpreter was seen for the imperfect method it was, lacking the more extensive vision that might otherwise have obtained.

Man derives every faculty from his Creator. If arrogance blinds him he loses touch and thinks to be self-sufficient. The road followed is a short one, leading to inevitable disaster, just as a running machine pursues a brief spell of activity minus a controlling hand.

Over all the harvest of life's operations the working

out of the divine scheme is visible to the awakened soul. Opportunities of service given and ignored leave straw in place of the rich ear of grain. God's mills return full measure for each sheaf.

#### UNSEEN INFLUENCES

Error arises through man's inability to visualise conscious co-operation with unseen influences. Where this obtains work is accomplished which otherwise would lack the innate life necessary for growth and expansion.

Witness the achievements of men imbued with God-consciousness: their living faith in the Source of All Power makes them an easy channel for the d vine purpose. It quickens the dormant divinity in other souls, which once kindled grows to a steady flame, giving light to all it contacts.

Only the too-evident result of my rejection of God brought home to me what had been lacking in the work to which I had devoted all my energies.

Over all the revelation which came to me my guide maintained his watchful attitude. He seemed to read every thought that passed through my mind, and made clear the spiritual significance of the life experiences. One outstanding fact became increasingly manifest to me: Whatever my worldly attainments may have been, they availed little in my present sphere of being. My past life having been devoted entirely to selfish ends, it had created nothing on the spiritual plane.

Our lives illustrate our state of evolution. In early stages physical needs alone are experienced, as in the infant who feeds and sleeps oblivious of the surrounding world. As growth proceeds, intelligence develops with increasing awareness of other individuals. The self has to make concessions or suffer.

Along the path of life the soul receives object lessons in the failure of the material world to satisfy its cravings. For a time humanity enjoys its toys, finding full measure of content—even as children sport and play until growing intelligence demands more substantial food for the maturer mind.

#### THE SOUL'S AWAKENING

In due course the soul reaches out for further development, and unless this instinct is obeyed it sickens with weariness and dissatisfaction.

Here the eyes of the spirit should open and understanding reach higher realms of thought and vision.

Then man enters on that stage of evolution where the spirit seeks expression. The divine element emerges into being and is made manifest in action. Love, its ruling principle, is seen in acts of devotion. Wisdom is attained by the gradual acquisition of a sense of values, and the knowledge of truth is more readily perceived, and selfishness diminishes.

God begins to be served from recognition of His great Love and infinite Power.

Thence is the soul on the path that leads to that peace which the world cannot give, and the pure happiness of unity of spirit with the Creator of All.

Many conflicting thoughts passed through my mind as these truths, which now appeared so simple and obvious, were revealed to me.

Created in the Image of God—therein lies the power of infinite attainment. By losing sight of this divine

relationship man reduces his effectiveness to the limitation of physical being.

The universe is the manifestation of the Divine Mind.

God works in faithful return for every effort made to do His Will and walk in the way He sets before us. It matters not what form the effort takes; according to its force and motive so it is judged.

Trying to lighten the burdens of others brings the reward of greater comprehension of the meaning of life, and clearer insight into men's minds, by which a less critical and more sympathetic judgment evolves.

The man of vision can see the working out of present difficulties and help towards clearing a path in the right direction. Thus the true disciple of Christ is a worthy leader and inspires all who accept his guidance.

Our reliance on God links us up with the Source of Power controlling the universe. The divine spark implanted in every human being, so often hidden by the density of material thought, is free to illumine all action. The work resulting from such influence is creative; it lives because of its eternal strength.

The neglect of communion with the Divine Source of our being limits every organ of perception, physical and spiritual. Vision halts; aim is shortsighted; faith is weak; progress is retarded; a feeling of dissatisfaction haunts the life owing to starvation of the spiritual being imprisoned and robbed of the exercise it needs.

#### THE NECESSITY FOR SPIRITUAL COMBAT

God requires of His children effort in accordance with their equipment. The soul grows strong by combat with opposing forces. Ever the struggle goes on be-

tween the material and spiritual attraction to which man is subjected. Backward he is drawn again and again, until experience severs the bonds. These releases bring added power, and the original need of replenishment is of a different nature. When God, the active indwelling Spirit, is allowed to become at one with the soul, the divine purpose has been attained.

Greater vision is the reward of all sincere effort, the realisation of which brings joy never to be felt through any material form of pleasure. The soul is in harmony with its Divine Source and a perfect accord is established.

#### ASTRAL CONDITIONS

My guide led me out of the building where so much had been revealed to me, and we proceeded along a road and wended our way through a stream of traffic closely resembling the busy streets of earth, though men's occupations were quite different. The work on which all were engaged pertained to spiritual needs in place of the material, these now being no longer of any importance.

Gaining an average estimate of the riches displayed by the people about me, I perceived that some bore burdens of useless articles, worthless and ugly, such as books rotting with decay.

Overloaded were many with a tangle of possessions from which they sought to free themselves—a task requiring much patient effort, so firmly were they attached to the bearer.

My guide explained that this remarkable condition was the result of too much devotion to material objects in earth life. Where the pride of possession had been

utterly selfish, the thought forms were firmly attached to the owner, and persisted long after desire had ceased.

Ere newcomers learn the lesson of past experiences, they must be convinced of the error of putting any material object or interest in the place of the Creator of All. Jesus taught: "Seek ye first the Kingdom of God, and His righteousness; and all these things shall be added unto you."

This is the divine order wherehy labour is blessed.

The worship of false gods brings no happines.

Crowds of people were engaged in seeking to dispose of their burdens by offering them as gifts to others—but without response from anyone. All were too well aware of the worthlessness of these offerings; they were the débris of past existence.

The only possessions of value now were such works as had been born of the spirit and so created living images of eternal permanence. Such works were few. Some reached a faint impression which dimly portrayed its creator's design, but lacked the virile power of conscious divine inspiration as its source.

The revelation of the ephemeral nature of all material substance and the imperishable quality of the thought which had created it, gave me much food for cogitation. Longing for solitude and quiet in order to adjust my mind to the new aspect of life which now met me in every direction, made me ask my guide to grant me an opportunity for meditation on all he had explained to me.

#### A LOVELY SCENE

Out of the crowd we passed and soon were in quiet surroundings, where the landscape had charm and beauty beyond any I had seen on earth. This was apparently due to the radiance which pervaded the atmosphere, bathing all things in a soft golden glow. My whole being responded to this tranquil and exquisite beauty; a deep sense of awe and humility overcame me, and I felt for the first time the consciousness of Divine Power hitherto unknown to me.

Out of the teaching I had received was born the image of a Mighty Power controlling the universe in accordance with perfect law and order: no effect without a cause, no cause the accident of chance.

In response to the order of a messenger sent to meet us, we climbed a steep road leading towards a range of hills, and after a long ascent, which I found exhausting, reached our destination.

At length we reached the gates of gardens richly planted with trees and flowers of great variety, and approached a building unlike any I had seen on earth. Its walls were transparent; from within light of differing hues shone forth.

#### A HEATED DISCUSSION

Entering, we were met by a man who led us to a hall where light of violet hue suffused the atmosphere. Men were gathered together there engaged in discussion concerning the respective accomplishment of their recent earth activities. One claimed to have benefited humanity by his mechanical skill—lightening labour and increasing the output.

Everyone sought to justify the purpose of his past existence

The aim had in most cases, however, been selfaggrandisement, and this created nothing on the spiritual plane. Consequently, although great effort had been expended, the result was ephemeral: they had had their reward—the accumulation of wealth, the plaudits of the multitude, but such satisfactions were left behind when the spirit emerged from its physical envelope into a sphere where the reward is ordered by relation to spiritual achievement.

The reaping of material gain ends with earth life; only any quality of soul-growth developed in the process continues.

Revelation of this truth was utterly disconcerting to these men whose whole existence had centred exclusively on the material aspect of life. The spiritual counterpart co-existing in all manifestation, over which no human influence could prevail, had now to be demonstrated, and it was for such enlightenment that we had been gathered together in this hall, one of many in this great university.

The instruction given was not difficult to assimilate; the facts disclosed were so palpable to minds quickened by release from physical limitation.

#### THE DAY OF RECKONING

I recalled the methods used in earth life to weigh evidence and compared them with what now took place. The man who presided over the proceedings judged in accord with the motive impelling the activity. It had to be altruistic in order to establish value on the plane of being in which we now found existence.

One man had built up a great business for supplying the needs of thousands of his fellow creatures. Only so far that trading had been in every respect honest was he the richer for his toil. The consciousness of any deviation from the path of rectitude was plainly disclosed—much to his discomfiture.

In whatever sphere of activity, whether the humblest or highest, the integrity with which the task is performed is the measure of its intrinsic value in the eternal register we are creating, ever to bear witness to our evolution from primitive to perfect manifestation of the indwelling spirit.

Our reckoning was proved very faulty; undue value had been attached to what was transitory, with the result that now we found ourselves poor indeed. The ease and comfort with which most of us had been surrounded existed no longer: each man had to gather the fruits of his earth life experiences.

#### THE PENALTY FOR SELF-DECEPTION

The lesson to be learnt was to discriminate between truth and falsity—a much easier matter now that self-delusion was out of the question; also to rid ourselves of the power to delude others, for here thoughts created mental images open to the vision of all. This disconcerting publicity soon aroused a desire for erroneous thoughts to be obliterated and replaced by images of more creditable quality.

Many of these men had regulated their lives by the rules obtaining among their fellows, without much consideration as to their ethical value. Self-interest appeared reasonable, and if the welfare of others happened to be involved, ignorance was a convenient excuse.

Every desire for enlightenment received attention from our instructor. His line of reasoning was so far-sighted that none disputed the wisdom of his judgment. Instead, we were chagrined to think how easily better courses might have been adopted in our past experiences on earth.

The laws of conduct laid down by Christ Jesus are eternal truth, by which humanity may progress towards that unity with the Divine which is its ultimate goal.

The revelation directed our thoughts into fresh channels. Ardent desire to put into practice the knowledge we had gained possessed us all.

#### THE ONLY WAY TO RESIST TEMPTATION

Our instructor impressed upon us the urgent need of faith and reliance on the power of God, whi h alone could sustain us through the temptations and opposition we should meet with; for in the lower spheres of being, to which those unevolved in spiritual unfoldment pass, we should contact conditions repugnant to ur awakened aspirations.

We quitted the building together, feeling that companionship would be desirable in our preliminary encounters with such a new world as we now inhabited. Confidence was high that we were well able to deal with any situation that might present itself, and our wisdom equal to all requirements.

Our voices were hushed for a while as we proceeded on our way—each man absorbed in meditation on the changed aspect of existence now confronting him.

#### THE CHOICE OF TWO ROADS

I was surprised to see how readily some of the group accepted the new condition. The test came when the road we were on branched into two—one of them towards a town, the other up a steep mountain path.

We halted to consider our choice. The majority were in favour of seeking contact with denizens of this new world, whose experiences would be helpful to us. A man was seen on the higher road, and we waited to question him.

"You will have to take the upward path in any case," he told us. "Going to the town below there will mean delay, but many newcomers elect to sojourn there for a while."

#### CONDITIONS SIMILAR TO THE EARTH

Our decision was soon arrived at: we would go to the town and learn all we could from others who had been longer in spirit life. Arrived in the town, we observed all the activities of its inhabitants with keen interest. Men were engaged in work resembling its counterpart on earth, but here thought was the creative force; no badly constructed building was to be seen.

Errors in visualisation caused lack of stability; objects so weakly created had no staying power and quickly disintegrated.

The measure of achievement depended on the concentration and strength of purpose devoted to the effort.

Here none could employ others to work for him, though voluntary help was given for sympathetic reasons. The strong would aid the weak in case of need, but otherwise the burdens borne were self-created, and freedom had to be earned.

On making an attempt to construct a dwelling place for ourselves, we failed so completely that we abandoned the idea. The first steps in such accomplishment were yet to be attained before we could hope even to engender a suitable method of construction.

Viewing the work of others taught us much. Children enjoyed the toys created by their active and imaginative minds, and played together merrily. Artists were busy translating the beauty surrounding them into symbols of spiritual significance. These were used in teaching to illustrate the correlation between sound, form, and colour.

#### A RESCUE PARTY

Our attention was attracted to a man who was filling lamps and handing them to a group of young men. We learnt that they had volunteered for a mission to a dark sphere in which those ignorant of God dwelt in misery.

Voicing the desire we newcomers felt for adventure, I asked whether we might join the party.

The lamp distributor gave us a searching glance and turned to the men preparing to start: "Are you willing to have these recruits with you?" he asked.

"Yes—if they undertake to endure, without complaint, any hardship we may meet with."

This prospect deterred a few of our group, who withdrew, leaving eight of us to join the search contingent—for that is what in fact they were—to pick up any who could be saved from the horrors to which a vicious life had condemned them.

Every man obeyed the leader, who was ready to start and called upon us to follow him.

We set off at a brisk pace and were soon in less attractive surroundings. The scenery became destitute of vegetation; dismal looking habitations were to be seen, about which dreary listless people worked in a futile manner.

#### IN THE DARK SPHERES

Our leader halted, and they gathered round us.

"Give up living in this aimless way," our leader said. "You can, each of you, attain happiness if you

acknowledge your sins and ask for help and guidance."

#### INABILITY TO ACT

"I don't believe there is any hope of things improving for us," replied one of the depressed looking beings.

I have been longer here than I can remember, and it
has always been the same, except that our numbers
increase by newcomers as destitute as ourselves."

Every time the opportunity of leaving this place is missed you delay your progress. Cast off the shackles of fear and act with decision. You will soon be encouraged by the improvement you experience. God is ever the same. He loves all His children, and seeks to draw them to Him, the Source of their being. Free-will alone has led them into sorrow and trouble."

I was rejoiced to see a few of the unhappy creatures follow the advice given: they uttered a prayer for help and set forth in the direction from which we had come, while we proceeded on our journey.

The road grew rougher, the light grew dim and we felt oppressed by the stagnant atmosphere.

#### READY TO FACE ATTACK

"Get ready for attack," the leader said. We halted and lit our lamps—by intense concentration for a moment on the mental picture of the flame required. Without our lamps we should have lost each other, for as we advanced the conditions resembled a dense fog in which we became aware of straggling groups of people groping silently along.

As they drew near us, they perceived the light of our lamps and clustered round us. Their joy was intense. "For pity's sake lead us towards the light!" they cried.

Our leader addressed them. "There is but one source of light in this Kingdom," he said. "It is the love of God, richly bestowed on all His children. You have chosen to ignore Him, to shut out the Presence and deny His power. Your condition is self-inflicted. Confess your sins. Pray for help, and you will be led into the way of truth."

Enmity was manifested by repulsive looking beings who sought to deride our leader's advice. He persisted, however, in holding the vision of God's love before the despairing souls, until at last an impression was made and they followed us.

As we emerged into clearer light their joy was intense, and many fell on their knees uttering incoherent prayers of thanksgiving.

#### EXPERIENCES OF A SUICIDE

"I died by my own act, to get out of the troubles I had brought on myself," said one. "I little knew the horrors awaiting me! Instead of oblivion every sense was keener, but all was dark. I felt as though buried alive.

"Once as I was lying in unutterable misery, I saw for the first time the image of a face on the blackness surrounding me. It appeared like a photograph on a sensitised plate, and I recognised the features of my mother who had died in my early years, before I had drifted into folly and vice.

"Hope sprang up in my despairing heart at the sight of her gentle face. I was overcome with shame and remorse for the vileness of my life. I longed to cleanse myself and regain self-respect, for I was conscious of a foul condition very repugnant to me. I had been a

model of perfection in dress and physical well-being."

Our leader now committed the rescued into the charge of two members of our band, whilst the rest of us returned into the dark zone we had penetrated before.

"Visualise strongly the symbol of the Cross, radiating light," we were instructed.

#### VICIOUS-LOOKING BEINGS

We advanced into the ever-deepening gloom, and I saw before us the emblem created by our thought.

Vicious-looking beings swarmed after us, but slunk back as the radiance fell upon them. Others struggled to reach us, imploring help, and we forced a way for them through the opposing ranks, seeking to cut them off.

The pressure against us was so strong that we began to feel spent, and our leader gave the word for retreat. Surrounding the rescued, we led them safely out of that appalling environment.

Owing to the unevolved state of the unhappy beings, we could not take them very far. When clearer light revealed their hideous appearance, their only desire was to hide themselves.

Our leader left them in habitations vacated by people we had released on our outward journey, and they hurried into cover.

#### A FEW STRUGGLE FREE

One less deplorable than the others received advice as to how they might better their condition, and he promised to do all he could for the general welfare.

Where love is expressed, God is made manifest; keep that thought ever in mind! Open your heart and let the divine ray penetrate and illumine your whole

being. The compassionate love of the Christ will be with you in striving. The Christ Spirit of God is immanent in the universe. Without it nothing is created. Given free-will, humanity can stray in age-long perversity, deaf and blind to the divine element of their innermost being. Every human soul is a temple of God. Woe to them that defile even the outer court, the physical body; for suffering must result. The seeds of disease have been sown all down the ages."

Entering one of the houses, he told the wretched occupants that the light they needed was God's forgiveness, which they could earn by love and service to each other. Their progress depended on themselves: every sincere effort would meet with reward.

The power of prayer was explained to them—how it linked those, whose petition was heart-felt, to the unfailing love of God.

Telling them to hold fast the hope of redemption and progress, our leader left them and we made our way back to the starting place where the expedition had been formed.

Our arrival caused a considerable stir; eager inquiries were made as to how we had fared and what success we had met with. Joy was expressed that so many had been prevailed on to seek escape from the dark sphere and set forth towards light and liberty.

One who had been through that terrible experience begged us to pray that their strength might avail, for progress would be slow.

#### THE "HELL" OF MAN'S OWN MAKING

The man who had acted as leader explained the conditions we had contacted. The unhappy people in the dark sphere were those who had done much evil in

earth life. They had passed into the immaterial state of being devoid of any spiritual consciousness, as if entombed alive. In their mental agony something akin to an appeal for help had arisen and a beginning of effort towards emergence. Only heart-felt contrition and expiation in the form of service would avail to clear the darkness they had created for themselves. Long would it be before their polluted minds could be fit to reflect the sunshine of Divine Love.

"Am I to experience conditions so distressing?" I asked, thinking of my own blindness to the spiritual aspect of life while on earth.

"Your errors were of a different nature from those of the people we rescued," he replied. "There was no impurity in your mind, no desire to injure another. You closed the avenues to spiritual enlightenment, thereby limiting your range of vision; but in so doing you deprived yourself of a great advantage and a constant source of beauty and invigoration of spirit. The realisation of this in the light of present knowledge is expiation, for unavailing regret will afflict you for some length of time. Go with these companions and together you will learn how the children of God can so forfeit the happiness He intends for them."

#### WHEN THE POWERS OF DARKNESS HAVE FULL PLAY

The divine light exists in every human soul, but it can be so hidden that its guidance is lost; then the Powers of darkness have full play; restraining influence is no longer sensed, and susceptibility to all connection with the higher nature deadened.

Once the mind of man is cut off from spiritual vision, all is distorted—harmony is lost and lack of a

firm basis leads to destructiveness, for what is created fails to satisfy.

There is but one rock on which to build, whether it be a nation or an individual human soul. The Divine Spirit must be the indwelling force of all creative work, whether it be the operation of direct energy as seen in phenomena of nature or the outcome of human mentality.

Our worldly knowledge may see us to the gateway of death, but spiritual wisdom takes us beyond it!

On viewing the life records of the degraded beings we had helped to rescue, evidence was clear as to the cause of their downfall. Godless lives cannot be happy. Open to evil influences, they soon become involved in the consequences of wrong-doing. The divine element within every human soul ever seeks expression, and, being denied, a canker of unrest and dissatisfaction develops.

#### MATERNAL RESPONSIBILITY

Mothers who fail to instil knowledge of the love of God into the minds of their children in the most plastic and receptive period of their early years, deprive them of their strongest safeguard.

Some natures instinctively seek such support and guidance, but others are attracted to the material aspect of life and heedless of the spiritual. Greater value is set on the temporal than the eternal treasures in the choice man is free to make.

Ignorance of the ordered vibration of every atom of matter retards man's knowledge of physical science. The search for elucidation of Nature's mysteries must be pursued with an open mind unhampered by preconceived notions of what to expect.

Over all goals, towards which men vie with each other to aim the ball of research, should be written:

'Mysteries unveil themselves to them that co-operate with the Divine Author of the Book of Life.'

#### ALL MINDS AS "RECEIVING STATIONS"

We viewed the action of thought and its emergence into material form. The brain is a mechanism for receiving impressions—it does not create them. All are keyed to different vibrations and respond to messages terrestrial, celestial and the vast range between.

The divine ego should control soul and body so that perfect harmony may be expressed, but man has, by the Power of free-will, drifted into indulgence of the body at the expense of the soul, responding to calls on the physical vibration and neglecting the spiritual.

Arrested in its development, the soul expresses little or nothing of its inherent power and beauty—like a closed bud that is deprived by unfortunate conditions from expanding into full bloom.

Every revelation of truth I received found me more open to immediate perception of its value; I quickened in spiritual development even as a babe comes to life at a certain stage of its creation.

The reward of effort was an increase of power; the return for selflessness, a greater store from which to draw,

Devotion to self is a breakdown on the road God-ward—no progress being made.

#### THE SEED OF IMMORTALITY

Overwhelming evidence there is of the love of God towards all His children—and as children humanity must indeed appear in His sight—so ignorant, wayward

and heedless, perpetually falling and hurting themselves; yet their kinship is eternal. In time, however distant, they will be re-united to the Source of their being. The seed of immortality will emerge from darkness and bloom in beauty in the Kingdom of Heaven.

The least attempt at well-doing is built into that eternal structure ever in the course of creation in the human soul. The rate of progress in that construction depends on the exercise of those powers all possess.

Conscious at-one-ment with the Divine Source of his being—inspiration from the Holy Spirit—leads, to perfect development, to steady progress. The soul journeying Godward reflects the light it is absorbing, thus giving aid to those in darkness.

Concentration on the material aspect of life is a limitation. With it should be combined a consciousness of the hidden spiritual force animating all physical phenomena. The mysteries of Nature are being gradually revealed, and must be put to good use, or suffering will inevitably result.

Transgression of divine laws meets with exact retribution. God is the same yesterday, to-day and forever. Humanity alone is in process of change and unfoldment.

#### A LIFE STORY REVEALED

Everything our innermost being records is registered on the indelible scroll we all must read when we enter this world of reality.

Every loving thought beautifies the soul and makes it more responsive to the higher vibrations from spiritual forces. Divine power is ever the same—inexhaustible; but the instruments through which it manifests vary and can only transmit according to their capacity. It is for humanity to perfect its receivers, that an ever-increasing flow of divine truth may reach the world and illumine the minds of all.

Our own illumination must come from awaking into activity of the Divine spark within. This dynamo of power can become a wondrous driving force, by means of which great works are effected.

#### STEADY COURSE OF EVOLUTION

God wastes neither time nor energy. Evolution pursues a steady course, the chaff of humanity's errors being thrown off in the grinding of the divine milling.

Understanding the love of God man learns to love his neighbour, thus bringing peace and harmony into human relationship.

God voices His commands in every heart, but they can be ignored, and every act in daily life is the poorer for lack of that Divine Guidance.

When man recognises the Source of his being and voluntarily lives in accord with eternal law, his progress will be more rapid, for he will then make good use of the knowledge he acquires.

God renews the strength of them that labour in His service. Every effort earns greater power. Very blessed are His faithful servants. Their vision increases with loving intuition that discerns the needs of others and endeavours to relieve and comfort those who are in trouble.

#### HOW PRAYER IS ANSWERED

In this manner prayer is answered—God finds response to His loving desire to bless in the hearts of those who are active in His service. They reflect the divine ray and make His love manifest on earth. There

is no higher ambition open to humanity. This alone brings undying glory, fadeless honour, continuous joy, before which the little fleeting triumphs of worldly success are as nought.

Over all the multitudinous activities of mankind lies the Hand of God, the Unseen Controller of human destiny.

Every error leaves its mark and colours the tapestry in constant process of weaving all through our lives.

Evolution depends on the operation of God's laws. Man plays his part by aiding or hindering. His errors are as grit in a machine, to be patiently wiped away again and yet again.

Beautiful in their perfection are the works of the Creator; they rejoice the heart the more their Origin is recognised.

Among other things that combined to impress me with a sense of the futility of life opposed to spiritual influence, the lack of defence from harmful entities was most apparent.

#### EXPERIENCES OF A WORLDLY WOMAN

I was invited to visit the sphere of the drug addicts. These unhappy beings, unprotected owing to their wilful neglect of all spiritual enlightenment, keep their guides out of touch with them and lose the help and guidance they are eager to give.

One woman, whom I recognised as a former leader of Society, was a pitiable object; no spiritual light irradiated her soul. The physical form which alone she had known as herself, and greatly prized for its perfection, clung to her, owing to her inability to disconnect

her entity from its physical envelope. This, however, took on the appearance of its now lifeless state, so that she looked corpse-like and dreadful to behold.

Moved to pity, I approached her and asked whether there was anything I could do to help her. At first she was too lost in her abject misery to heed my words, but I said again: "I wish to help you."

"Where am I?"

"Can you not realise that you have passed through the change called death?"

"I am not dead. This is a hideous nightmare. Oh, to awaken in the light of day!" she exclaimed desperately.

"It is impossible," I said quietly. "Earth life is ended for you."

"Don't torment me!" she cried. "I don't know who you are. I can't see you, I can only hear your voice. Only take me into the light. I can't endure this darkness!" An expression of anguish came into her woe-begone face. "I have been struck blind! But how strange, my sight was perfect. Why is nothing being done? Spare no expense. I must be cured!" she cried imperiously.

#### A HIGH GUIDE GIVES HIS HELP

My guide, who had drawn near and watched this painful scene, stayed any further effort on my part and laid his hand gently on the woman's arm.

"You are indeed blind," he said, "and were so for many years before your recent passing out of earth life. The only light in this realm is the reflection of God's love, given freely to all who can receive it. Only

those with the love or God in their hearts can receive the vibration of the sphere where all is radiant with response to His quickening Spirit.

When your eyes open to the vision of God, great joy will be yours. Open heart and mind to the inspiration of Divine Love, and pray for guidance. You have much to learn. Error must be replaced by good deeds, which alone can obliterate the past, disintegrating evil by the action of love. Even the greatest sinner may cleanse himself in time, but it must be of his free-will. Christ taught us to seek, to ask for the blessings we desire."

Bemoaning her unhappy fate the woman wandered away.

#### NO SOUL "LOST" INDEFINITELY

"Thousands come over in that state," said my guide. "Pitiable indeed! but their woe is self-inflicted. Not a thought to God during their earthly existence, though His Sacred Name comes readily to their lips in trivial and profane utterance.

"Our words create forms. They should express clearly what we wish to impart.

"God endowed us with the power of speech, and responsibility rests with us to use it worthily.

"Evolution is transmutation from crude form to complex.

"The man whose soul is attuned to the Divine Source of his being works in harmony with the eternal laws of progress.

"We volunteer our aid to all engaged in furthering progress Godward. This alone is constructive—all else is ephemeral.

"The mind of man must reflect a gleam of the light of God's love for his efforts to be crowned with success.

"The lesson all must learn is the futility of activity disconnected with the mainspring of existence.

"Our lives can make God manifest in all the fields of human activity.

#### THE DARK PATH ILLUMINED

"Great is the influence of an illumined mind. It lights up many a dark path and brings hope and courage to them that walk in the obscurity of ignorance.

"Give the richest treasures of heart and mind to the service of God. Be a channel for Divine Love to manifest itself.

"The man who seeks to serve God in self-sacrifice is a light to lighten the darkness of materialism.

"Quiet reigns in the heart that is one with God. The further from the centre of motive power, the greater the stir and friction.

"On evolving from earthly to spiritual conditions much knowledge has to be acquired. Every evil thought, word and deed must be replaced by that which carries out the divine design.

"Our mistakes are like wrong stitches in a tapestry—they must be taken out.

"Every life is creating a record to be seen by all in the world of spirit.

"God longs to see His children enjoying the delight of the skilled craftsman whose faithful labour creates the image of his mental vision in accordance with his heart's desire.

#### WONDERFUL REVELATIONS AWAITING MAN

"Very wonderful are the revelations awaiting mankind. Much help will be given by those human receivers attuned to spiritual vibrations; through them work of universal importance will be directed.

"Give time and thought to the growth of those qualities which beautify the soul. On every effort our revelation increases.

"The guides watch over those in their charge, and give them such knowledge as they can assimilate.

"Evolution unveils the laws of the universe. Men term action they do not understand 'supernatural.' This erroneous idea is ever being discarded as light is thrown on phenomena once inexplicable.

"The true scientist examines all things; he forms his opinion on what he discovers.

#### WHERE GOD IS

"Neither by books nor orders of priesthood is God to be found: He dwells in the heart of His children. Each one may hear His Voice, and inasmuch as he heeds It, so joy and harmony are made manifest.

"When man evolves into God-consciousness all will be well, goodwill among men will prevail."

My guide laid his hands upon my shoulders and, gazing into my eyes with his penetrating glance—before which I felt every thought was laid bare and no secret could be hid—he told me that we were now to part.

My first course of instruction was at an end, and it was for me to assimilate it and use the spiritual strength thereby gained to the utmost of 1 y ability.

"Progress here," he said, "depends on willing service. On making use now of the knowledge you have gained, seek ever to instil into the minds of others love and reverence for God, the Creator and Ruler of the universe."

"I set many in the wrong direction in my teaching while on earth," I replied, "but in all sincerity. I believed I was safeguarding my students from flights of imagination, establishing them on the sound basis of proved facts.

#### THE DAWNING OF SPIRITUAL UNDERSTANDING

"I see now from a different point of view; light is thrown on what was then unknown. God is now comprehensible as the over-ruling Power behind all manifestation of life; yet this is but an awakening to consciousness of omnipotence. Our limited understanding is incapable of grasping the Mind of God—even as a babe knows nothing of the mind of its earthly father; but in time, with the development of latent powers, with which all are endowed, it must in due course open up, as the soul gains wisdom by experience."

"Out of the pain of shattered hopes and ambitions," my guide replied, "is born the longing for a sure foundation on which to build life's work, that it may endure and be a living testimony of faithful service.

#### GOOD AND BAD INFLUENCES

"Over men's thoughts play influences, good and evil. The door of the mind should be carefully guarded. Only when a sense of responsibility develops is due care taken to turn away what is harmful.

"Man's nature being half human, half divine, gives him infinite possibilities of progress either retrograde or forward. He is free to chose, can hasten or retard his evolution in spiritual consciousness.

"Everyone who seeks the truth concerning his spiritual unity with the Divine Origin of his being shall find it, and the peace of God which passeth understanding shall possess his soul.

"God must reign supreme in the heart that aspires to greatness, otherwise energy is directed to futile ends.

"Man works with God towards eternal progress, or, in opposition, towards destruction.

"The struggle between man's dual natures must continue until he overcomes the lower and releases the higher from the bondage of material thought—ever a limitation.

#### THE PHYSICAL TRANSMUTED INTO THE SPIRITUAL

"The obvious purpose of earth life is to transmute the physical vibrations into the spiritual.

"God is the Life-Giver: man should recognise the Source of his being with reverence, and strive to be worthy of his divine birthright, ever seeking to obey the dictates of his higher consciousness. Ever will the mind of man be limited until he seeks inspiration from the Source of his intellectual powers which manifest so little of the Origin of their being.

"I will guide you from afar, but only in emergency.

"Make the utmost use of the knowledge you have gained. Order your life in accordance with the prompting of the Divine Voice of your higher self, ever present in every human being, an infallible guide whose directions must be followed if the right path is to be kept; no joy is found in devious tur ings.

"Over the road you will take, many obstacles will be met with. Remember you can overcome all difficulties if you ask for Divine Guidance.

"Every revelation of God's purpose must be seen as a guiding light to be faithfully followed.

"Go now and with the material you have acquired lay firm foundations for a new and living faith: faith in God, Creator of the universe: faith in divine love, wisdom and justice: faith in the ultimate goal of humanity, however wide their ranging.

#### **GUIDANCE AND WARNING**

"One or two warnings will be helpful: Avoid compromise, make clear decision as to action. Obey the impulse towards altruism in every case, thereby making yourself a greater channel for the love of God to flow out to those in need.

"The less of self with its limitation of personality, the more of the boundless divine energy which permeates all being and is arrested only by the egoism of humanity. Go with confidence into any adventure, knowing that those who seek to serve God are ever linked with guardian spirits of a higher realm.

"Irresistible as opposing forces may appear, stand firm. The servant of God has an aura no evil can penetrate. This is due to the animation of the divine ego—expressing love, invulnerable to the power of evil.

"Your work is to bring men to the knowledge and love of God.

"Over the surrender of the lesser self the light of divine wisdom sheds illumination of ever-increasing power.

"Very requisite will be your capacity for sound judgment and alert action, for you will have to deal with men enfeebled by self-indulgence, whose mental and moral powers are flabby with disuse.

"Endeavour to accomplish some eternal work.

Put into action living faith in the power of God, and you will earn the precious reward for devoted service: greater wisdom and understanding.

"Vigorous effort is required to combat the forces of evil you will encounter; but have no fear, the power will be with you to prevail in every case. Your success depends on your steadfast purpose and faith in God. Farewell."

#### MY GUIDE LEAVES ME

My guide turned to leave me and I gripped his hand, longing to express the gratitude I felt. Words would not come, but all was told as our eyes contayed a mutual understanding.

Quickly he passed from my sight, leaving me awed by the task appointed: to bring knowledge of the love of God to those on earth ignorant as I myself had been until release from the physical body had cleared my vision.

I pondered the question of how to go to work, and regretted lost opportunities of earth life, when crowded audiences listened to my teaching.

I considered returning to the sphere of earth life—and found that the power of thought drew me thither. My courage was put to the test as I found myself in the familiar neighbourhood where many years of my past life had been spent. Now the physical exterior of the moving stream of humanity was scarcely visible, but the psychic body was clearly to be seen. My eyes were opened upon the significance of human existence which, lighted by Divine Inspiration can be as a journey toward the sphere of greater joy and progress, or, lacking that

illuminating radiance, a falling into ever increasing darkness and despair.

#### FIRST EFFORT TO COMMUNICATE

My desire to communicate with some of my late colleagues was very strong. Great was my joy when I heard a well-known voice and discerned the scene of my past labours—where a concourse of students were listening to a lecture.

On closer inspection, this group of people became an interesting sight, for their minds were to my extended vision as an open book. Great was the variety of mental pictures. Some showed concentration on the subject under consideration, while others betrayed wandering far from it.

The speaker was revealed in auric colouring as of active mentality, but lacking any indication of spiritual vision.

Owing to the dimness of the material bodies before me I might have failed to recognise the speaker, but his voice reached me clearly.

He spoke of the nature of organic structure in the animal life types. Origin was traced; the course of evolution followed, with the manifold expression of variety and adaptation to environment.

#### I MARVEL AT WHAT I HEAR

Well I was acquainted with the whole chain of evidence, but now I marvelled at the limitation of vision.

Coming from a sphere where the light of truth was on all thoughts, words and deeds, I saw here the screen of falsity that masks actions of mankind. These men were gathered together ostensibly to probe into the evolution of animal life—and to outward appearance were giving attention to the speaker. Thought forms, however, betrayed the fact that a third of the company alone were absorbed in the subject.

Leaving the class room I wandered away to the busy streets and my opened sight showed me that whereas in the spiritual realm freedom from possessions was desired, here on earth they were eagerly striven for and acquisition ruled many minds.

#### AFTERMATH OF AN "ACCIDENT"

Suddenly an accident occur ed: a young man was thrown from his bicycle beneath the wheels of a huge lorry and in an instant his body was a mangled mass. His etheric body, however, was unaffected by this catastrophe to the physical envelope, and was instantaneously detached as the destroyed organs ceased to maintain life.

The young man stood bewildered, unable to realise what had taken place. I approached him and said quietly: "Do you see what has happened? Your physical body has been destroyed by an accident."

"What has happened? I had a fall, but luckily no bones are broken. Just shock. I feel dazed."

"Yes, it was a bad fall. Come with me. You need a rest."

Taking his arm I visualise I him under the care of those whose work it is to tend men whose earth life has been thus suddenly ended. Making no further comment we passed from the earth sphere into that etheric counterpart so like and yet so unlike. The young man moved on as in a dream, taking all for granted.

Never before had I been brought to realise as in this episode how negligible is the physical organism apart from its indwelling spirit, which even during sleep takes temporary leave of its trammelled condition.

#### "DEATH" UNRECOGNISED BY MANY

Owing to the suddenness of his transition, the young man had given no thought to those of his family he had left behind. On reaching the rest house where he was to remain for a while, memory became active again. "After I've had a short rest I must go home," he said. "My people will be expecting me."

Throwing himself down on the couch to which he had been led, the young man soon was sleeping, and a man made passes over his recumbent form, restoring harmony to the auric radiations of his soul body, which had been agitated by the swift transition from its physical envelope.

My own experience had been very different. The passing out had come after a period of illness which had gradually sapped my vitality. I was not conscious of the change in my condition until I awoke to find myself among strangers and in perfect health.

What had happened was explained to me, and I was then left to make myself acquainted with life on the spiritual plane.

No home affections had drawn me—none existed, and apparently no one was eager to greet me on my entrance into life etherial.

One reminiscence was made instructive to me by the meaning my guide endeavoured to explain of its spiritual significance.

#### LOVE UNVALUED

He looked thoughtfully at the portrayal of my record in early life, and pointing to a scene wherein I saw myself in the company of a young girl, said: "If you had yielded to the feeling of affection this girl inspired, your nature would have been enriched, but selfishness ruled your heart and love quickly withered."

My thoughts went back to that far-off time. The girl was young and pretty, and had a simple admiration for my attainments which flattered my vanity though I knew it was unjustified. I gave no encouragement to sentiment, however, as I desired no ties that could fetter my freedom.

#### RADIANT HUES

I found the evidence of this in the auric colouring displayed during this episode, bringing a transient beauty of roseate hue; of brief duration however, more's the pity! Life without love is as a world without sunlight: drab, joyless, sterile.

Love is God made manifest, and the heart of humanity is the crucible through which it passes.

I wished I could have my earthly existence over again, to repair the lack of balance. The divine design is harmonious and exquisite in radiant hues.

The key to life is the knowledge and Love of God: to realise His immanence in all creation.

My views regarding religious belief had been scornful.

Only by working for the good of others is God served. Thereby we make manifest His Love.

Voluntary service is the noblest form of labour. It brings its own reward, one greatly to be desired.

Live in the light of God's Love and build for eternity. Every unselfish act creates a ray of unfading beauty.

#### INWARD URGE TO BE A MISSIONARY

My own purpose must now be to help those who wander in darkness: to lead them towards the light of the knowledge and Love of God; to lift the veil created by arrogance and scepticism.

Every experience is a lesson which should bring us nearer to truth. The knowledge thus gained is permanent. Errors which have brought suffering are seldom repeated. When wisdom is attained, the soul is in harmony with its Divine Source.

Living witness to the Love of God can be manifested on the earth plane through reflection of His Divinity in the soul of His children. It is in the power of all to be mirrors of God's Love.

Great will be the achievement of man when he seeks to do the Will of his Heavenly Father. What is wrought in love from a divine pattern must needs approach perfection.

#### MY MESSAGE TO THE WORLD

I, whose once blind eyes have been opened to the light of God's divine plan for humanity, give this message to all still on life's journey on earth:

Seek to unfold the divine power latent within each one of you, and so progress into ever greater love, wisdom and understanding of the Creator of the universe, and make the life He has bestowed such as shall bring you His great reward.

Over our earthly career the guides appointed to each one of us are observing our progress. They may seek to impress, and will respond to an appeal for help in emergency; but each child of God must learn the lesson of self-reliance.

Strength lies within the human soul in that innermost sanctuary wherein dwells the Divine Ego.

God works with the tools of adversity to shape man into likeness with Himself.

As the onward motion supersedes the fitful first attempts at progress, wisdom and understanding are developed. Man learns to avoid the crashes due to ignorance and steers a straight course for his destination.

#### GOD'S UNFAILING CARE

God never fails them that seek His loving guidance.

Man has but to attune himself to receive the divine vibration, just as your wireless can reach every home, rich or poor, given the necessary apparatus to make manifest the life within all natural hidden vibrations—of which you see only the effect on the physical plane.

God is one with all He has created. The mystery of life will be revealed in due course. It depends on our power of discernment which develops very slowly, very surely.

Watch God's handiwork in Nature and learn from that.

Create harmony by right thinking. Let your mind be so full of noble thoughts that no room is there

for what is base: so purify the mental atmosphere where'er you go. Reflect the Mind of God, Which radiates light.

God is the Sun of Righteousness, and man builds prisons and grovels in the dark.

Let there be Light!

Quit the dim shade of material thought which, unillumined with spirit, leaves men groping.

When minds are open in God-consciousness held receptive, reverent—they will be filled to their capacity.

Man limits by his self-sufficiency, dismayed to find his lack—which need not be.

#### SETBACK OF THE SOUL

Over and over again is the soul set back by the gusts of mortal mind and tossed on the waves of desire. It takes a steady hand on the helm to see it through life's journey.

Never can the soul of man find satisfaction until he works in harmony with the Divine Architect, building in accordance with His plan.

All other schemes are doomed to failure and drop away like dead branches which have not the sap of life.

Every link in the chain of spiritual wisdom must be equally sound: forged from experience, tested in the acid of bitter grief. Thus its strength is reliable, according to its length, which is ever increasing and becoming available for greater service.

See in all trials a task set by God and seek to accomplish it with good courage.

Every faithful service meets with the reward of added power, thus making firm every step of the soul's progress.

God loves to create harmony through the responsive vibrations in the hearts of His children.

Let none think that obedience to the voice of conscience, which is divine guidance, can lessen the joy of life; on the contrary, the soul so guided is led into the way of truth and kept on the only path that leads to lasting happiness: all else is misdirected, delusive, disappointing.

Did not Christ say "I came to bring life more abundant"? This is fully realised by those who put faith in His promises.

Imperfection in all its forms, mental and physical, has been brought about by disobedience to God's laws. Man has exercised his free-will to his own detriment.

#### THE WAY OF THE TRANSGRESSOR

The way of the transgressor is indeed hard, leading to disease, suffering and torture of soul: for man cannot escape from the Divine Spark which links him with his Creator.

Give your life to constructive work, whatever its nature; build worthily what can benefit humanity in mind or body.

Those who have pandered to low and depraved appetites suffer long as they see the wide-reaching influence of their evil-doing. The soul laid bare before the unerring judgment of its Divine Ego finds no excuse for the defilement of itself or others. Long

and bitter is the repentance before the cleansing is achieved by means of service in aid of those in equal peril.

Within the mind of man lies the soil in which the seeds of thought germinate. Let him keep it carefully weeded and seek to cultivate the sound and healthy growth.

#### LOVE'S REFLECTOR

E'er the Love of God can be made manifest to humanity it must find a reflector; then the vivifying ray can be directed at will where it is needed.

Great work can be accomplished when there is conscious co-operation with the guides who, with their greater wisdom and knowledge, are seeking to lead their brethren into the way of truth to free them from the self-imposed shackles of limited vision and expression due to their mistaken idea of self-sufficiency.

#### MY EAGERNESS FOR WORK

I was eager to carry out the instructions of my guide and to lift the pall of ignorance which lay upon the minds of so many men—stifling them in the darkness of materialism.

I sought a means of conveying what I had learned to those who were still in earth life.

I viewed the earth plane now from its spiritual aspect, and saw how individuals bore, each one, evidence of the stage of enlightenment attained.

This varied greatly. Where many who radiated a perceptible degree of clear luminosity gathered to-

gether, a bright illumination was created which attracted disembodied spirits who had little light of their own.

When prayer ascended, this light was drawn up and formed avenues of approach to guides who could not otherwise have drawn so close to the dense atmosphere of the earth plane.

Great will be the effect when spirit teaching is universally received. We see already the ever-widening influence of what now reaches the few who pray for enlightenment.

#### I FIND A MEDIUM

The guides can use only willing instruments. There must be consecration, devotion and faith in the work of creating a channel for spiritual wisdom. The human element is the sole restriction in what can be conveyed.

Glad I was when I found opportunity to give some of the knowledge I had gained, but it had to be passed through a mind limited by human vision, making limits to what I sought to convey.

My quest ended when I found one in earth life with a mind receptive to the truth I so earnestly desired to give to the world.

I found in this woman the temperament conducive to the conveyance of spiritual wisdom.

She was content to be a charnel and I was impeded by no self-assertion or preconceived ideas.

#### SAFEGUARDING SPIRIT COMMUNION

One lesson must be learned by all who seek communion with the world of spirit. It must be dedicated

to the service of God, otherwise undesirable entities may make use of the receptive mind.

God protects and aids through His ministering spirits those who try to work for the benefit of humanity.

I enlisted the help of her sister, whose brief existence in earth life made her a connecting link through the affinity of loving relationship.

Getting information of the spirit world through to human consciousness is a difficult matter, owing to the relative difference of the two worlds—the one etheric, the other of denser vibration.

My desire was to open the eyes of those who failed to discern the Hand of God in all creation.

With the clear vision of spiritual sight this becomes so obvious that any doubt on the fact seemed incredible: yet remembering my own mental attitude I knew the lack of enlightenment prevailing in the minds of thousands still limited to earth life and the dominance of a material point of view.

#### WHY I GIVE THIS MESSAGE

The man who gives this message sees clearly what was lacking in his life on earth; how enriched it would have been by the knowledge and love of God, and it is his keen desire to help mankind to the realisation of its divine kinship and the eternal progress which lies before all,

I reviewed the past and felt that for every soul turned away from God through my misguided influence, I must draw another into the way of truth before I could merit advancement myself.

God grant that some may be moved to follow this

gleam of light on life's pathway, whereon so many come to grievous pain for want of illumination.

The Voice of God is to be heard from within the soul of every human being. Conscience is a sure guide, and life hallowed by the Love of God brings ever nearer the overwhelming joy of union with the Divine Source of our being: perfect accord, true vision, the peace which passeth understanding: God the Supreme Ruler of the universe.

#### THE HARVEST OF A WELL-SPENT LIFE

If life on earth is lived to noble purpose, its harvest on the spiritual plane is a rich one.

Great is the wonder and joy of those who see what has been created by a life of effort and service, however humble the sphere of action.

God rewards so generously! His love outweighs the smallest effort to live in obedience to His commandments—loving all that He has made to rejoice the hearts of His children: the beauty of fragrant flowers, the trees, the changing panorama of the skies, radiant in matchless hues.

I give this account of my experiences in spirit life in the hope that my mistakes may be avoided by others.

God grant that my sincere desire to share with others the knowledge I have gained may bring a guiding light to many who stumble in darkness.

I launch this raft on the sea of materialism in the hope that it may save some of the souls I see in danger of sinking into its depths.

#### "LET THERE BE LIGHT"

A precious stone is essentially the same whether buried in a dust heap or placed in an exquisite setting. So is it with the Divine Spirit in all humanity; this is the light which lighteth every man that cometh into the world; to this truth Christ referred when He said: "Let your light so shine before men that they shall see your good works and glorify your Father which is in heaven."

God bless the instrument I have used. Together we have spent many hours patiently trying to get this message through.

'Tis but a first lesson, but one that all must learn on entering upon this larger life.

'If I had only known!' is the cry of so many well-meaning men and women whose lives have been devoid of that spiritual unfoldment which would have prepared them for this life in which values are reversed. What was disregarded becomes pre-eminent, and the treasures of earth lose their reality.

The transition from the material to the spiritual world awaits all. Wise are they who seek to prepare themselves for that great change which can bring a most joyous awakening or the darkness of despair.

\* \* \*

Given in earnest desire of shedding a little light on life's path for them that walk in darkness, I have faith that this effort in the service of our Father in Heaven will be blessed and used by His ministering spirits who are ever seeking to help humanity.

I entitle this script:

"Testimony of one who has passed from Death to Life."

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