



Gesellschaft für metaphysische Forschung e. V.

PSYCHIC BOOK CLUB

JUNE 1943 SELECTION

"Faces of the Living Dead"

by

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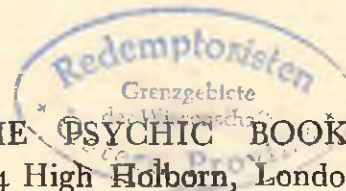
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## MORE LETTERS FROM HEAVEN

Being Messages from the unseen world  
given in automatic writing to Winifred  
Graham by her Father, Robert George  
Graham

*Spiritualism says—*

*Race Hatred is fostered  
by ignorant men - Love  
is fostered by God.*



THE PSYCHIC BOOK CLUB  
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*Any profit I derive from the Sale of this book will be given to the "WIDOWS' AND ORPHANS' FUND" of the National Fire Brigades' Union, my Father's favourite Charity. My proceeds from the companion volume "MY LETTERS FROM HEAVEN", also go to this object.*

*I should like to thank the many who have written me letters from all parts of the world telling me of the real comfort the previous book has brought to them in bereavement and sorrow.*

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## PREFACE

THIS book is given to the public at the express desire of my Father, who has written me private messages every day, since he passed over into the world of real, active, and unending life. He asked me to take down this accompanying volume to "My Letters from Heaven", first published in 1923. His control over my hand has greatly increased, and he tells me he finds it much easier from continued practice. He advises all who wish to establish communication to give up a portion of their time daily to the beautiful work of making the chain of love stronger and more enduring, till they finally rejoin those who await the supreme moment of welcoming their loved ones. I should like to thank, in these pages, many strangers who have sent me wonderful letters of appreciation, after reading the previous book. It is a joy to know that it has comforted people in deepest sorrow and bereavement, taking away all fear of death. Some declare that my Father's words have entirely transformed their outlook, giving them such a sense of security that the step into darkness—now called "death"—merely opens a shuttered window through which the fuller life lies revealed. The present volume will, I hope, help any eager to learn more of the conditions that make our future home so infinitely attractive and desirable. The words are not human words. They come from another plane, and, because they are not in any way mine, I can honestly give them to the public, as inspired utterances from Heaven itself. You, who believe, may hear many scoff at the possibility of supernatural messages. Do not let them make you angry or prevent your accepting a new and wider outlook. The truth (my Father tells me) will be made clear to the material-minded in God's good time. But we, who are fortunate enough to grasp it in advance, have a gift of faith which is immeasurably blessed.

WINIFRED GRAHAM.

St. Albans,  
Hampton.

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## BIRTH OF A NEW YEAR

THE opening of another year marks a time of progress, and should be started bravely and with a confident spirit, as men march to battle singing songs of victory. Let all be hope and looking forward. Whatever your cares or troubles, they are as nothing compared to the glorious end which makes up for the hardest struggles. We are watching you all the time, sometimes with admiration but often with sorrow at the blindness of earth's perception. We can no longer give to the world an example of noble suffering. So, to leave an unparalleled example in the world's history, the Son of Heaven came to tread your earth, and endure the flesh. He has left you the imprints of His Holy Feet upon the shores of Time. Look for them every day and follow the track of light that gleams through the darkest night. My New Year's words to earth are: "Take your courage in both hands, and Mighty Forces will uphold you. Legions of angels line the path of all the years, till you pass into the fuller life of deathless delight and immense peace."

## A CHARITABLE TONGUE

WHEN the spirit of envy or uncharitable feeling obsesses a soul, it is enveloped in very dark shadows like damp clinging garments which destroy the brilliance of the aura, and make the most beautiful form ugly to us. The plainest person can radiate beauty of soul through their features and expression, and make those who need sympathy, love and admire them. We are surprised here, that you on earth do not try harder to impress lovely thoughts on those you want to make friends of, instead of often talking unkindly of others and making more of their faults than their virtues. A charitable tongue is a great asset socially, as well as spiritually. Carry this hint with you in your world from our higher sphere, my dear earthly people. We want you to know its worth now, before it is too late to make a new life plan.

## CHURCH WORSHIP IS GOD'S CONCERT

THE first Sunday in the New Year should be a forerunner of well kept days, when the earth unites in worship through the whole of the Christian world. Think how every Sunday millions of voices are surging through space, to make one great concert for the King of Kings. It is not one country acknowledging God, but a massed company, so you, who attend public worship, try and think widely, and make your prayers

universal one day in the week. Be swept up in spirit on the flood of harmony and never think a narrow thought, or impress a mean desire on this day's page.

### MONDAY IN A NEW LIGHT

THIS is the beginning of the first week of the New Year. The first working day I mean. I hear people saying on earth that Monday is a more tiresome day than any other. It is the getting back to hard efforts after the rest and quiet of Sunday. Now look at it in a new light. It is a fresh week opening out opportunities, and calling you back to the fields of labour. You may be able to make this coming week a notable one in the annals of your life's history. You may not do anything showy or great, but you may lay at the foot of God's Throne some priceless treasure of sacrifice, some effort for a soul in distress, some beautiful gift from the spirit which outshines earthly presents or donations.

### NEVER LIE DOWN UNDER FAILURE

THE road to success is not always easy, but it is always within your grasp, if you are sure enough of your will to succeed. The Father in Heaven has given every man and woman a will to train and use, and many let it lie fallow and rot, with lack of energy. The power to say: "I will this" or, "I intend that" is in every human being. But when people are afraid to make an effort, and lie down under failure, they are like the animals who are always easily subdued by mortals with brains. Be a God, not an animal, it is in your own hands. You are all on earth capable of greatness in some measure, the weakest should say: "I will, with God's Help." This will inspire people to try and win through. It is the will that governs everything.

### LOVE IS THE HIGHEST EMOTION

THE subject of Love is one with which all books of fiction are concerned, because love is the highest point of vantage on the world's map of emotions. But, unfortunately, it is not the daily rule of life in many homes and hearts, so the light is shut out and the mind obscured as in a fog. We, who live where Love is set above all other things, will not hear a word against it. Some people deride its immense power, substituting for it their own hard methods, which make for chaos and confusion. Love, if made the rule of life, can be a guide book and dictator who never leads you astray. But the heart's gold is the best investment for all who want the riches of Heaven to make earth life wealthy beyond all imagination. The most priceless treasure is in that small word, Love.

### THE HEART OF A FATHER

THE inspirational union between man and his Maker is an everlasting mystery. Even here we are unable to fully grasp the all embracing Heart of a Father, who watches over and controls a complete Universe. We feel like atoms in His Presence, and the greatest is small in comparison with God. You should all thrill with pride at His real affection for you individually. I know it is beyond the grasp of any intellect to fully appreciate such a mighty force, when we are staggered by it here. The more I learn of God, the greater is my wonder and amazement. I am sometimes surprised to remember how natural it seemed on earth that the miracles of creation should continue, and the world go on its intricate course from century to century. Now it is linked up to the far more amazing world of spirit, my admiration grows hourly, and the Works of the Creator seem inexpressibly benign.

### WORK FOR OTHERS

THE Message for today is one I feel very strongly, and might be of daily use to all. It is on the subject of work for others, in the daily routine of life. However hard you may have to work for yourself and your intimate circle, always try and do something for those outside the home. It can be done in many ways which I will suggest. For those who cannot get out, or leave their own affairs, it is at least easy to pray for someone in sorrow or difficulty. You can be a Missionary with a single word of cheer to a downcast friend, or lonely soul. Those who have time could often go to a friend in loneliness, instead of passing away an idle hour by themselves. Make the hours live, glow and scintillate with brightness from your store of vitality, and when you are ill or despairing, those you comforted will try and bring you some of the cheer you so lavishly gave to them in hours of darkness.

### MARRIAGE

THE world must always move to Wedding Bells. It is the force of life that makes marriage so mysterious. The fact of receiving at the hands of the Church the bride you desire, sanctifies the beginning of a new and wonderful union. Weddings are often robbed of their deeper significance by the pomp and show that is made a part of this most spiritual service, but, tonight, I want to dwell on the unseen side—the one-ness of soul to soul. The man who wins a wife to love and cherish is, for the time being, like a King who has come into a great inheritance, and all the common every-day matters are forgotten, while he reigns over his mortal world of love. If only he could remain in his Kingdom without becoming a mere



every-day man again, marriage would be an unending Sacrament. The wife has the greater responsibility, she must keep him on his throne and make him notice the remarkable side of matrimony, which is the fulfilment of trust, and the going forward in partnership towards eternal and immortal life, where lovers never end their honeymoon days.

### THANKSGIVING

MANY people who have never known want or lack of your world's luxuries are fond of criticizing those who are less fortunate, not realizing how difficult life is for the poor and worried. I wish that the rich could grasp what it means to be hungry and homeless, that the compassionate side of their nature might expand. They seldom lift up their hearts in gratitude for what seems their natural lot—to eat, drink, be thoroughly well clothed, and to do things comfortably. The spirit of gratitude is rarely sufficiently energetic to repeat continuously words of praise and appreciation, to the generous Giver of all the good in earth and Heaven. Try and train yourselves to be amazed at your luck when you are placed in easy circumstances, and in honourable positions. The light of God's favour is the most wonderful life-giving miracle, falling on the many worthless and ungrateful men in the world. If you are one of these fortunate people with physical comfort, health and pleasures, thank Him unceasingly day and night. Never take these gifts as a matter of course.

### THINK NO ILL OF OTHERS

NEW friends or acquaintances are always very interesting to those in our sphere, who are surrounding their loved ones on earth. Your unseen guides are not always able to influence your choice, and so it is a most important matter that those who become your intimates should also be liked and accepted by your guides here. It is of course very difficult for those who are not psychic to pierce the outward crust, and discern the spirit beneath. Friends form the greater part of your life on earth. Be ever watchful against listening to evil speaking, or being drawn into others' quarrels and petty spites. It is not easy to appear disinterested if you are naturally sympathetic, nor is it good for your soul, as a believer in love everlasting, to be made to think ill of another. The way to get out of being drawn into some wrangle, that does not concern you, is to say openly and honestly that any ill-thinking gives you pain. This acknowledgment will come as a surprise to those who are not in touch with our world. But they will remember, and possibly be made less belligerent through this surprising remark from a fellow creature.

### FAITH, LOVE AND DEATHLESS HOPE

THE best words in the English language are Faith, Hope and Love. I like the idea of uniting this trinity of words, and never forgetting to follow their teaching. Without Faith, life on earth would be a dreary wilderness, dry, worm-eaten and unfruitful. Without Hope, you become morbid, un-energetic, and listless, as there is no spur to keep you working for future happiness, when all your labours culminate in a new and clearer vision here. Love is the Angel's favourite of all, for they never need hope or faith. But they are largely concerned with all the attributes which make men and women love God and their fellow creatures. Add this request to your daily prayers. Ask always for the boon of Faith, Love, and deathless Hope, which lifts the heart to Heaven.

### "AURAS"

THE "Aura" is very much questioned by unbelievers. But I assure you it plays a very large part in the world, both as a protecting power and a worthy warding off of unpleasant influences. It varies with your spiritual and physical condition, and is always more marked when in mental and bodily health. You must try and realize that you are surrounded with a mystical armour, which is fireproof against the burning darts of foes in both spheres. It is harmonious with some people, and on the defensive when its owner is exposed to malign assaults or dangers in the material world. You are never more conscious of its influence than when the men or women you meet have aggressive natures. Sometimes your "aura" will dominate your will, and prevent you from mixing in uncongenial company, by making you vividly conscious of being drawn away. Never go against this instinct, for the whole of your life might be contaminated.

### TACTFULNESS

THE tactful person is generally made so by kindness of heart. It cannot be taught, it is a part of the very soul, which shrinks from wounding others, or making them uncomfortable. If you would cultivate this priceless attribute, always imagine yourself in the other person's position. I have heard such very cruel remarks magnified by the mere tilt of a chin, or lift of an eyebrow. The unsympathetic speaker little dreams that he, or she, will some day regret having wounded a fellow creature, because here we look on unkindness as a moral downfall, equal to the more marked sins which the world calls crimes.

### WILL POWER

THE will to conquer illness is often mentioned, but the will to be well before a malady has attacked you is like building a fortress to ward off

enemies. If you desire health (and who does not?), you should work for it before the body is weakened and unable to resist attacks. The most important factor is to keep the mind free from despondent thoughts, or nervousness about disease. Believe always in the Maker's most loving care for you, and when a disastrous illness comes, take it with as much light heartedness as if it were an enemy that must be conquered by will-power from your most secret sources. Throw yourself on the world of spirit, and try to forget that the flesh is being made the most powerful influence while illness remains. I think in many cases the most malignant thing is the terrified mind, and rebellious flesh, when a more courageous and spiritual outlook would make all the difference. Remember that those who are watching over you in this world are always trying to brighten your thoughts, and they feel so disappointed when their efforts are useless.

### THE CLARION CALL

I AM often amongst a great host of people who magnetize the atmosphere and help to bring relief and comfort to those who need us on earth. We are very fond of working in companies, and making combined efforts for mortals who desire spiritual support. We come in a kind of army, only peace and goodwill form our clarion call, and by making an united effort we can sometimes merge our entities into material resistance, as a shell, fired in war time, can shatter a massive building. It is of great interest to us, and no one need ever fear we are drawn to earth against our will. It is a free offering, gladly given, and, when we succeed, the greatest reward you can make us is to acknowledge that there are supernatural agencies in the world of matter. Try to convince others, that loved ones, beyond the veil, are working for them, and longing for their happiness. Only believe in our love and sympathy, and we shall be able to do far more for you if you are not sceptical and in doubt.

### BODILY PASSING OVER

My experiences here will interest those who have not received any direct communications from their own dear ones. It will help them to feel more assured about the homely atmosphere of the often dreaded unknown. We are always trying to impress on your world the fact that there is nothing to fear. When I first woke to the realization that I had left the material plane for the glorious freedom of Immortality, a sense of such supreme comfort and luxurious ease made me realize how utterly absurd all one's previous ideas of death were. I was so delighted to find that a spiritual body was a priceless possession, far dearer than the earthly one we are so careful of in your world. The new body is radiant with life and movement,

and beautiful to behold. It is a perpetual joy, and the looking forward to your life here ought to be a daily source of comfort and pleasure to every one who tries to prepare his soul for loving service hereafter.

### OPPORTUNITIES

MOMENTS are flying, flying, with every breath you draw. Don't miss your chance now of turning them into treasure stores for your future life. The opportunities come sometimes very silently and veiled. You must look for them in every shadow, and in the dark places. It is not always easy to catch them, as they rush by, and leave you in the Slough of Despond. You can find them by eager and diligent search. When a trouble comes, say to yourself: "Is this an opportunity in disguise—a chance perhaps to live it down, nobly, and courageously, a glorious gift for faith to seize, and make a miraculous crown for a future occasion?" I mean for the world here, where every triumph over sin, or grief, is a bright memento found again on reaching this better Home.

Wasted opportunities are the saddest things to find stored up when you go through your Treasure House here. It has a lumber room. Remember this, and be very cautious about the road you take. The path of truth is not always lighted as you might suppose. Search in the shadows.

### PSYCHIC OPPOSITION

THE world is always ready to try and explain away psychic phenomena, and to cold water the evidence of people who are advancing towards knowledge. I wish they would remember, when ridiculed or discouraged, that there is always a strong material force working against the progress of those who are in touch with the supernatural. Half the time opposition arises from fear of the unknown, and it is a form of cowardice. Do not imagine that your friends here would ever want to frighten you by anything uncanny. We could often shew ourselves, but refrain, because the human intelligence has not been trained up to seeing those they believe dead. The thought of alarming those we love is a most repellent one. Anybody who talks to you of the danger of communicating is a very earth-bound person, ignorant of our methods, and not suitable for the higher revelation. Make light of scorn or abuse, and pity those who try to hinder you, because they are so very wrongly educated from the standpoint of this sphere. It is a most tragic fact that men and women wish to remain in ignorance of a life they must all embrace before long, so they come unprepared, and are far more frightened of death than those who are in hourly communion with the loving friends here.



## GOD'S WHITE THRONE

THE White Throne of God is like a marble mountain, and so amazing that the earth mind could never visualize its beauty and size. It is enveloped in light, and has a peculiar fragrance about it, like incense, only far sweeter and more perfect. Every sense is satisfied if you come within a million miles of this most admirable place. It gives out such magnetism that the atmosphere is entrancing and you are forced to sing for very joy. It is impossible to remain silent. You have never heard in your sphere the triumphant songs of the blest. They are singing for sheer gladness, and not because praise or adulation is commanded of them. The world's idea of God is often a twisted fallacy, a mock Creator put together by small minds, with but a poor conception of Heaven's marvels. I felt compelled to speak on this subject, because I see into the hearts of those on earth, and know how small and how confined their ideas can be.

## A PRISON-HOUSE

KEEP your minds always like an open window. Wait for the breath of Heaven to waft away the earth's dust, and make lasting trees of immortal fruit which will always satisfy the soul's hunger. When you close your intellect within a wall of materialism, and never look out towards the stars, or the sun, you purposely put yourselves into a prison-house of unhappy limitations. The outlook means more than you can guess. It is easy to be a dreamer, but I want those I teach to wake to the reality of the world beyond the sight of earthly vision.

## BIRTHDAYS

THE day of birth is almost as wonderful and important as your last day on earth. Though you cannot remember your infancy, it was the coming into a great inheritance for the newly created soul. We are all heirs to Eternity, so the humblest baby is important in the eyes of God and His Son. For this reason it is good to keep in reverent gratitude the anniversary of your earthly career's first opening. It should be a day of looking forward to a better birth, which is so unfortunately named death. The world celebrates birthdays for no definite reason, but here we look on them as forerunners of that second rising from sleep, to the joyful community awaiting you in a new company of glorious unity.

## THE OPENED CAGE

THE moment of death is a most magnificent experience like breaking out of a stuffy cage and soaring up. Have you ever seen a wild bird released after beating its wings against bars? With what joyful rapture it spreads

its pinions and takes to its natural surroundings. The true environment of the soul is the spirit world, not the material plane, where it is always alienated from its home of freedom and unable to expand. When people fight to live, and dread giving up their physical side, the soul is so often grieved and disappointed at being kept longer from the glorious release. You might all try to spread this message, because it is human to fear the parting of soul and body. But, remember that the spirit is the real and lasting "you", while the flesh is the earthly garment, which like all apparel wears out, and grows old. I want to say all I can in this book against the attitude towards death, which fills people with absurd terror and dislike.

## PRIDE AND CONCEIT

WHEN I move about your world helping those I am able to reach, I notice how some people have their souls shadowed by the drawbacks of pride and conceit. I would like to say a word of warning to those who have earned praise for the gifts bestowed on them by the Father here. The more successful you are, the humbler you should be in spirit, for the talent that is in you was a gift from the Eternal Home, and you are only a receiver of what is lent. The ignorant, and those who fail in all their ambitions, are to be pitied, not scorned. They are in the sight of God often more precious than those who are courted and praised. The levels are not the same on our side, we see the true self, and judge by that. When you feel self working for self, then beware.

## EVIL DEEDS

WHEN people make sharp retorts that are hurtful to others, it is often from thoughtlessness or the desire to appear clever. I know it is difficult to guard your tongue and to consider the sensitive feelings of those who annoy you, and appear hostile or dense. But try to think when you endure their stupidity, or wilful ways, how God pities and pardons your faults which are more foolish in His eyes than the folly which irritates you while on earth. This knowledge of your own shortcomings will make you pause, before judging those weaker than yourself. Heavenly inspiration can be obtained from imagining always how you are appearing in the eyes of the beautiful World-Maker, whose children so constantly disappoint and wound Him. God created each one of you for His own, and meant you to be perfect, but sin is the destroyer of the work that His great mind conceived. When you come to this higher sphere of spiritual joy, the evil that you did will be a despairing memory and everlasting regret.



## OUR LIFE HERE

I THINK what people want to know is how we live in our world of harmony and love. There is but one Maker, Creator and Law Giver, the Supreme King of all life. He rules with love towards all who are penitent, and none can be otherwise when they see His glory and goodness here. It is most restful to be relieved from all earthly obligations and restrictions. No confining laws make men and women fretful or discontented. It is like coming out of a narrow lane into open country, where the soul expands and the fetters are loosened. It is a home of industry, without boredom or fatigue. You pursue whatever calling appeals to your taste or intellect, and you certainly improve with the increasing years, for Time, here, is quite immaterial. Never look on Eternity as a tiring prospect. No one wants to die, when health, strength and love is their joyful portion. To know you will live for ever is an inestimable benefit to the children of Light.

## SPIRIT FRIENDS

THE writers in Heaven are always glad when they are able to control a human pen, but their agency is not always recognized or acknowledged. I am very glad to be able to tell people who are interested in psychic matters that communication could be made much easier by more mortals believing in the reality of the spirit world; and the wish of unseen spirit friends, to take a share in the old life and to be useful to all they helped on earth.

You do not understand how often your best friends and most beloved relatives come to you, only to be ignored and denied admission to the homes they occupied on earth. The great scepticism on this beautiful continuation of interest, and the nearness of those who have passed into bliss, is a barrier that would not exist if people were only prepared for the higher levels of belief. The world will do all in its power to draw the faithful into unbelief, because it fears the mysteries of God. I am so very sorry for all who turn their backs on what they consider a dangerous practice. You will frequently hear the remark: "I know I am psychic, but it is not good to make use of these gifts."

It is like holding a handful of precious gems, and throwing them away because you have not the knowledge of their worth or value. When people speak like that, try and explain to them how blessed are those who have this power, and don't accept from them the stupid excuse of fear, which could be so quickly overcome.

## RELIGIOUS DIVISIONS

You are all one family on earth, and should try and cultivate brotherly love towards each other. The Church should lead the way, remembering that they are supposed to be following in the Saviour's footsteps.

It is a narrow earth-bound theory that God is to be a cause for quarrelling and disputes, on methods of worship and passing trifles of form. I do not wish to lay down the law, or speak with authority. I prefer just to explain how these divisions in religious thought strike us here. We realize it is a most disastrous stumbling block to progress, which is instantly removed when the flesh is disposed of. I only wish that people who read the Bible and want to follow God's Commandments would learn tolerance. The Man of Sorrows was the very essence of love, patience, and quiet endurance, though every unhappy division jarred on His peaceful spirit and caused him agony of soul. Those who adore the Christ on the Cross should try and make His sacrifice the ground work of a smaller but very necessary one, where the Churches are concerned.

## INSPIRATIONAL MESSAGES

THE sudden inspirations that occasionally rush into the mind and surprise you are direct gifts from the Spirit World. Never drive them out, or call them fanciful. Some of the greatest work done on earth has been started by a thought flashing through the brain that is receptive to angel whispers. I have sometimes spoken to absolute strangers, and they have heard me clearly, not with the material hearing but through the mind-sense which is more adaptable with some than others. That is why I want to beg everybody to remember these messages may come in unexpected moments, and to retain them and accept their advice or direction.

## COMMUNION WITH CHRIST

THE most beautiful things of life are so often ignored, and passed by blindly, so today I will endeavour to point out some of them as a guide to those who set their minds on things of the flesh, and forfeit the greater joys which are beyond all price. When matters of daily life crowd upon you heavily, gather into the garner of your soul the harvest of all ages. The Bible tells you that the Saviour loved His children on earth, and you can still draw on this immense fountain of sympathy and understanding if you tell Him your sorrows and believe in His nearness.

The supreme advantage of being a Christian is to hold communion with Christ, the Holy Son of God, whose spirit is in every living creature. Try to find Him in those around you. Make an effort to see the God-Light in souls that have perhaps failed to find it in themselves. The search will repay you, and lead into new tracts of unexplored country. You may live in one place for years, and yet travel in mind to glorious lands and mountain pinnacles of the Unseen Universe. Start on your great journey



this very moment. Go out with your face set towards a golden City of discovery. Never be contented to return to your own narrow surroundings until you have left your mark on the new land, by which I mean the hearts and souls of those who come under your influence. It will be a journey of expectation, it will bring you a direct reward, and it will never be wasted, or lost for Eternity.

### GOD'S WISDOM

THE whole plan of the Universe is always worked by the Wisdom of God, so nothing is neglected, however small. It is almost too staggering for humanity to grasp the spiritual power of one great mind, which you call the God, the Supreme Head. It is the difficulty of assimilating this knowledge that sometimes appals the intellect of man, and turns him into an unbeliever. But when you are here, and see the whole scheme, and know what is really being done to make millions of people rejoice and thank their Creator for the marvels of this system, the veil of mystery is stripped from your eyes and a clear understanding replaces doubt. You can comfort yourselves with this knowledge when you see people sneering at your spiritual insight, and the fact that those who are called dead live and communicate with you on earth.

### MORTAL INCREDULITY

MY messages are for all, and not only for believers and those who are admittedly psychic. I want to speak today to people who scorn the idea of this blessed communication between the Seen and Unseen Worlds. You who are sure of our survival can repeat this with absolute truth. The most amazing things on earth are those which have started by being derided and made fun of. The greatest inventions and discoveries have been ridiculed by ignorant people from the earliest ages. Go to an uncivilized country and tell a savage exactly how you live in the most advanced cities, and try to picture his astonishment. He might have sufficient faith to believe your description, but he could not really make an accurate "mind-picture" of your environment and the wonders of the great countries beyond his sight. This savage is a very good example of modern sceptics, where psychic revelation is concerned. You would not blame the incredulous person in his limited world, you would only pity him for all he missed and for the narrow outlook caused by the uneducated material he called his mind.

### A TEST OF STRENGTH

WHEN mourners are reunited to their dear ones in this world, the work of helping others to realize that there is no real separation is often the first desire. They beg to be allowed to go back and tell those on earth the glorious news. It is quite a shock, sometimes, to discover that the return journey is impossible. They say: "Must so and so suffer during many years, when, if I could just speak to them for one moment, I could convince them of this great truth?"

The explanation is that God has made His Universe mortal and immortal, as a test of strength and a trial of faith. Only occasionally is the veil lifted, and those who are parted meet in spirit to make their minds one, in the beautiful knowledge that death cannot hold the soul.

### THE LEAST IMPORTANT PART

THE worry of illness is often exaggerated, and the way to avoid unnecessary apprehension is to try and think of health and happiness.

Tell those who are anxious about loved ones that they can be sure whatever God decrees will be turned into an occasion of rejoicing at some future date. It may seem hard that the flesh should suffer, but it is in reality the least important part of the person, whose soul lives for ever, whatever the length of physical life. When sorrows throng upon you in the material plane, remember that you are always making forward strides. The dark days do not draw you away from Heaven, they fill with treasure the waiting time between your two lives. Sorrow is as great an experience as joy. It teaches more than all the imaginings of the pleasure seeker, and it gives more too.

### MY PAST LETTER ON HELL

HELL is a term for destruction, and when you destroy a good impulse you make a foundation for the paths of this much discussed place. I know in my last book that my remarks on Hell were most violently attacked by certain people who labour under the impression that, because we have passed out of the physical body, we should never be given another opportunity of talking to our friends on earth. I should like to assure these critics that when they pass the border-line themselves they will see how simple it all is, and how natural that we should remain in touch with those who welcome us, and ask for guidance from a world of fuller knowledge. It is very distressing to us that we should be misunderstood, and we do not like to feel our communications have given anyone a single qualm. I send those appreciative ones who have read my messages a

warm word of thanks. To those who disapprove I would say: "Do not waste your anger on the things you are unfortunately prevented from grasping in this life. When the fuller revelation is granted you will be lost in wonder and love."

### MENTAL REFRESHMENT

WHEN you are thoroughly exhausted from working in the world and want some mental refreshment, try and get it in this way. The flesh may be very heavy, but hold the thought that the soul is unable to feel fatigue of any kind, being immortal, and only temporarily imprisoned in your body. Make the human frame rest in a chair, or on a sofa, and then commune with the soul and its spiritual companions. You have unseen friends always ready to rush to your assistance, and if they hear that you are reaching out to them for aid, they rejoice to give it to you. The whole army of God's helpers love working for humanity. They bring fresh courage to fainting spirits, and breathe their own message of cheer to the downcast or discouraged. I wish that everyone knew what a great company of well-wishers could be summoned by a faithful call from believing forces.

### PATHS OF SAFETY

WHEN the things of your life are more complex than usual, and you feel that you can hardly get through the work to be done, just ask those unseen friends of yours to come and shoulder some of the burdens. It would make matters so much easier if you gave them your confidence and believed in their universal powers.

We are a little afraid sometimes of pressing this point home, for fear of seeming to place ourselves in the Almighty Father's most omnipotent position. But we can do a great deal, and would always advise you to ask His permission for us to come and lead you into happy paths of safety and joy. No appeals are ever wasted or left unanswered. Be quite sure of that. The world would be a different place if the realization that spirit friends work in partnership with you were an accepted fact.

### BE LENIENT

THE greatest factor in happiness is to be lenient towards the shortcomings of others, and to pity rather than blame. You are never annoyed with those faults that so easily beset you in the same way as when they are evident in others. In dealing with tiresome people who upset you, never

let your heart get sore, or your mind depressed, because the vibrations from the spirit world are put to a severe test. A calm unruffled person will receive the immortal messages in half the time they take to reach a more irritable subject. It is often when help is most needed that the person troubled makes it almost impossible to impress our presence. Anger or self-pity will build a wall, and the guides that are waiting to lead you into paths of peace stand powerless outside the battlements of human construction. The help is always there, but the gates may be locked against angel visitants.

### REVERENT ENQUIRY

WHEN men try to make a direct channel of communication between our spheres, they frequently fail, because they are doing it as a kind of scientific experiment instead of an act of reverent enquiry. The failures would be less frequent if the faith were stronger and the whole subject approached in a different spirit. I want to mention this for a special purpose, and to beg people who investigate to do so in a prayerful atmosphere, and not as a thing to bring amusement or to satisfy idle curiosity. Of course curiosity must, to a certain extent, colour all research and investigation. But the main idea of asking for definite proof of survival should always be a high one, to satisfy the thirst of the soul for truth, and to know more definitely about God's limitless powers and His real identity with those on your plane.

### ESCAPE IN SLEEP

THE soul is a very mysterious adjunct to the body, and, though you talk of your soul lightly enough, you have no real conception of it until you are free from the hampering flesh. It is given to some people, and the gift is rare, to get away from the mortal body in sleep and come over to the other side. I have had many experiences of bringing one I love to the glorious atmosphere of this world, when to the mortal eye she is sleeping quite normally. The process is not always possible, for so many people are unable to part from the material, but there is hope for all. Those who greatly desire the experience may achieve it by dwelling on this pleasurable thought, as they are falling asleep, willing their loved ones in the other sphere to come and do their best. Memory of visits to heavenly altitudes is more than unlikely. It is not good to recall these experiences, as they make you dissatisfied with your life below. You may be saying: "What is the good of these soul flights if all recollection is denied?" Well, the good remains in the inmost recesses of the sub-conscious being, and you wake with the sense of a wonderful influence to give you more courage to face the stormy seas of life.



## A SEA FUNERAL

WHEN the watery ways of the ocean are made the grave of travellers, it is sometimes a great sorrow to those who mourn that they have lost the opportunity of placing a stone over the remains of the mortal body. I would like to tell any who may be feeling this that the sea is, itself, the noblest Mausoleum that anyone could have.

The body is dear to all who loved it on earth, but here we feel so utterly apart from that old shell that we are not the least concerned if it is never made the object of Christian burial. We are swallowed up in the personality of Christ. We are part of His Heavenly Kingdom, and we want our friends on earth to try and realize how little the body means and how utterly lovely is the spiritual inheritance.

## THE MOST ABUSED VIRTUE

Do you know that Patience is one of the most abused virtues? People are afraid of the more obvious sins. But they go on grumbling against the laws of Heaven, and the Will of God, without thinking how grievous a fault it is to be dissatisfied with God's decrees for those who want to leave the flesh and join loved ones on our side. After severe bereavement, men and women are apt to despair, and to hate earth-life. That attitude is a crime towards the Creator's better judgment. I am sorry to tell you it often postpones their departure. They are left to learn patience, and to be fitted for the wider, fuller joys of Eternity. God's view of your requirements reach out beyond the limit of your reasoning or sight, and may be most merciful when they appear hardest. You are not able to see as we do how the scheme works out for good, justice, and final reward. Your dear ones on this side of the river have perfect faith in Him, and know that all is planned for your good. But, like children without knowledge or foresight, you plunge into despair, and fail to see the light behind the clouds. Have courage, believe, and practise this much desired gift of a patient and submissive spirit—especially in the first great agony of separation from those whose lives are so perfectly happy in this adorable Home.

## SPIRITUAL CONDITIONS

My writings are only meant as a guide to those who really wish to learn about another sphere, which to the human mind is full of mystery, and sometimes fear. When you try to picture this world of spirit, please empty your brain of all previous conceptions of a distant and rather awe-inspiring heaven made for people entirely different to yourselves. You will be glad to know that life is most natural, fascinating and real, not

the kind of intangible place so many connect with God's Eternal Kingdom.

It is indeed a glorified, purified, pain-free existence on a new plane that makes you delighted to think you need never go back to earth conditions. Here you are surrounded by incomparable beauty, as well as love, and all the sordid things of material existence have crumbled away like burnt paper in the ashes of the past. Here you commence afresh if your life has been evil, and go on improving if your earth sojourn has been an act of acceptable service.

## SEVERE HINDRANCES

WHILE the world continues there will be always a cloud of doubt hovering between your sphere and ours, because men's hearts are hard and unbelieving. I know my words will not be accepted by the sceptics. But, for those who have lost near and dear ones, I would say that great grief and much fretting are very severe hindrances, and should be fought against with all your will and might, for their sakes.

Imagine yourself, as you read this, simply wildly happy, and so full of joyful life that the old fleshly state seemed death in comparison, and you know those you desire to see are coming for ever. Then think how the waiting would be clouded by feeling they were making a misery of your blissful state. Yes, my reader, put yourself in our position and dry your tears. Do not grudge us this life of marvellous advantages and world wonders, that you will share in without fail. The inheritance of the blest is the reward of the mourners below.

## MAKING TROUBLE

Why will the people of earth make their own troubles? This is the question we so often ask ourselves here. We watch you all in your world of care and woe, and see the mistakes. We see these errors and misused lives with wonder and grief, that men and women are so blind to their own happiness. Some ruin their sense of appreciation by overcrowding each day with what they call pleasure, until it becomes instead a wearisome toil and free from that exhilarating attribute, the note of novelty. Others make so much of their troubles that they double them, and some create burdens which their Father in Heaven never meant them to bear. To avoid falling into these unhappy ways of living, reconstruct your mind occasionally. Open its windows to the Infinite, fly to the higher powers for inspiration, beauty and light. As for the help of this world, say: "Give me the true joys of a Home I shall reach so soon, and for which I must prepare now."

## NEW BIRTH

WHEN the mind is lying fallow just between sleeping and waking, the spirit is so often hovering in our world and touching spirit hands who have to let go of their grasp reluctantly, when the earth draws its inhabitant back to work and duty. If you could all realize our nearness and our desire to help and our continued love, there would be no sorrow over so-called death. People would be without that unnecessary terror of their mortal enemy, which is an immortal friend in disguise. Death is a natural function, like birth, or any other agency. It is veritably a new and delightful birth, giving back to the aged the health and freshness of youth with the ripe experience of a world which is so inferior to the home of Angels, who welcome them here.

## REALIZE YOUR BLESSINGS

WHILE you are on earth waiting for the better life, make much of your time in the mortal sphere, for nothing will be wasted. Be grateful for the things that seem ordinary enough, until you think what your existence would be without them. First, your faculties, the power to move about, to hear, and see, and appreciate all that is given daily to those in normal health. The night for sleep, and the day for work, the peace of losing yourself in that glorious semblance of death when you lie still in bed, happily unconscious of all worries or weariness of the flesh. You should reverence sleep as a miracle wrought nightly, a kind of rehearsal for the final exit that is sweeter and more wonderful than the sleep of a little child, while the waking is a marvellous experience, worth all the sufferings of earth. The sights that meet your eyes of beauty and sweetness, and the glad songs of Heaven can never be described or imagined while the earth is your portion, my friends.

## LENTEN RESOLVES

MAKE a resolve when Lent begins, and then the world of spiritual helpers will hurry to your assistance and give you the strength to prove your force of will. Never neglect a chance of developing character. Your dear Lord knew when He fasted in the wilderness that the temptation would be hard to resist, and so He faced it, to give Him complete and manly control over the flesh. You cannot aspire to the heights He trod, but profit by the marvellous light He has left in the wilderness of the world, and when He sees that His temptation is remembered and made the subject of a Church Memorial to His Name, He is glad, and would like to thank His children on earth.

## LOOKING FORWARD

It is a great privilege for us to be allowed to speak to you on earth. I feel I would like to make much of my opportunity, if only it were possible to describe our life here. If I painted the scenes for you that rejoice our eyes, and told you of the wonderful plan of work we do so gladly, you would not understand in your world, and I fear you might be driven to unbelief by sheer amazement. God wants it all to burst upon you, His children, as a great surprise when the mortal clay has been discarded. You look forward to certain happenings on earth with pleasurable anticipation. So imagine how we long to see you looking forward to this beautiful realm, instead of instinctively shrinking from it, as if it were a place to fear and dread.

## ABOUT ANGELS

I WILL write a word today on the subject of angels, who are so very vaguely pictured even in the Bible. You are inclined to regard them as a sort of fairy tale, instead of real living individuals of the very highest culture and thought, who are sent to earth by God to do His work, just as a human Monarch sends his messengers with needful orders which must be carried out on earth. Angelic beings have the most marvellous powers given to them, which would stagger the intellect of the greatest thinker and genius in the flesh. I fear an angel is frequently considered a kind of phantom, and not the gloriously sympathetic identity that we enjoy here, for, to us who have been on earth, the purity and the brain power of those perfect friends must always bring a thrill of bewilderment and admiration. When you sing or speak of angels, try and realize they are ministering in your own circle, and are loving and close companions to us here.

## GOLDEN STEPS

WHEN people ask you how we live in this world, and if it is at all like your present life, tell them to imagine what your existence on earth would be if love ruled everyone and peace reigned over your homes. Also if there was a perpetual sense of wondrous joy, health and well being in the midst of everything physical and spiritual. Our life here has all this, and a million times more than you could dream of, and yet you dread the little journey to the shores of eternal light and love. The way is not dark or difficult, as you all imagine. It is a treading lightly on golden steps. It is no more alarming than walking from a stuffy, ill-ventilated room into pure, fresh scented air, to be at last in undying bliss and beauty of soul.



## THE VOICE OF GOD

MIND impressions are very often misunderstood, and the people who receive them fight against instinct with their reasoning powers. What you call an intuition is often the voice of God speaking to you, or the warning of a spirit friend, who grieves when you discard this form of communication. Listen for it when in doubt or perplexity, and do not be led by the world's advice to make light of those inward convictions that come in moments of danger or perplexity.

## HELP IN ILLNESS

THE worst part of illness is when the patient has no courage, or hope of recovery, or imagines ills that perhaps are not near him. It is very trying for all who wait on people of nervous temperament, as their work is doubled. When you are inclined to despair in a long case of sickness, ask God to send you a company of ministering spirits to surround the sufferer, and fill the room with an atmosphere of wonderful peace. If your prayer is granted you will gradually notice a marked improvement, even if the actual malady remains unchecked. Sick people will show signs of unexpected fortitude and cheerfulness, given from this world. When they ask you why things look brighter, tell them how the world of unseen helpers is working to shew them the daylight.

## FREE WILL

THE animals on earth are not forgotten by God as some may suppose. His sorrow for their sufferings is as great as His grief for the hardness of men's hearts. He wishes sometimes He had not given mortals so much power, but the moral is, you have the free will to be as gods or as devils. When the material universe is finally abandoned and Eternal Life is the portion of all creatures, male and female, beast, bird, etc., the admirable scheme of God's plan will stand on its true wonder and perfection. As you regard it, you will say, whatever your sufferings on earth, that the Father of all created things has done right from the beginning and deserves the most heartfelt devotion and praise.

## THE GREAT YOU

WHILE the brain is asleep the spirit has a wonderful chance of getting free for a brief period, and making excursions into its truer home. The immortal sphere gives the real part of your composition infinite refresh-

ment. The body is only a temporary loan, lent for a short time. The soul is the real "you" that no one can rob you of, or part from its natural environment. So, when you do anything to soil its radiance, you are sullyng a thing that should be guarded as immeasurably more precious than life itself, for it is indestructible.

## WRITTEN AFTER A VISIT FROM SIR EDWARD MARSHALL HALL

TODAY you were entertaining a man of high intelligence and undying fame. He was surrounded by spirit friends of great power, who have helped him in his notable career at the Bar. The world is often a good deal puzzled by the meteor-like success of some of its leading men. But we see here how simple it is for certain people, who are in touch with this side, to carry all before them with the assistance of Heavenly Watchers, who are able to prompt the mind in hours of work. Those who are born with this personal magic to make a great name should recognize it is not entirely their own cleverness that brings them into the front rank. They are frequently just the instruments of the Unseen.

## CALLS OF SYMPATHY

THE visiting of the sick is a work that many fail in because it takes time and patience. This is, of course, a rather selfish reason, for sympathy and brightness cost no money, and it is extremely valuable to those who are imprisoned by ill health in their houses or beds. We are a great deal with sufferers, but, strangely enough, with all our superior advantages, you have the pull of us there. Often when people come we rejoice, because we make their voices our mouthpiece, and inspire them to say what we desire. Think of this when paying calls of sympathy, and try to make time for this good work.

## SUSPICIOUS SITTERS

THE messages that people get at table séances are not always evidential, because the minds of the sitters may work against the truth, and make those who are trying to communicate annoyed or confused. It is a strange anomaly that we, who have advanced so marvellously in these higher spheres, should have to rely on your powers to get through even such a homely medium as a table upon which we are asked to rap. There is often a sense of suspicion in the mind of, perhaps, one present that will



seriously disturb the harmony of a circle. This prevents our doing what we long to perform for the comfort of enquirers, eager to prove that Unseen Watchers are always near to those who believe in this godly gift to men.

### THE LIGHTED TORCH

WHEN the wisdom of those who are considered great is made the occasion of universal praise, do not unwisely get over-impressed, because the simple ones of the earth are sometimes more gifted than those in supposed authority. Scientists will try and prove that God is a myth, and sneer at the child-like faith which has earned enormous weight and influence down the ages, while these men can never hope to be remembered like Christ, who lighted this torch for the world. I mention this today because I heard two so-called clever men arguing against the survival of the soul. As they were talking, their own relations from this sphere were standing round them listening mournfully, yet rather amused to think of the coming surprise when they meet again.

### CORDS OF LOVE AND MEMORY

THERE is a great influence in material objects which you are using daily. Many things have associations which cling to them, and can give you pleasure or otherwise. I have a writing table which seems to me to possess a magnetic attraction, and at which I enjoy dictating my messages, because I used it when on earth. It is the same with a sofa, of which my wife is so fond. It was used by her Mother, and we have called it, between ourselves, the "Magic Sofa". Very often after a death, people rush out of a house, or a room, occupied by the one they have lost (as they believe). But this is only a phase of human emotion, and arises from a sense of misunderstanding. We like to come to the places we occupied in our mortal life and to see things we used still doing a useful work. All this, however, entirely depends on the cords of love and memory. Some make a point of not following earth life, if they find it spoils the joy of Eternity.

### A WIDER LIFE

THE months go by year after year, and yet they find the world much the same, while we are always advancing and increasing our knowledge. The contrast between your sphere and ours is like the difference of a doll's house to a mansion of real human proportions. Everything on earth looks so small and cramped to us, so painfully insignificant and unim-

portant. The thing that is of consequence, and which we consider paramount, is the soul which forms your character and constructs a spiritual being to work into this great world's plan. Never think that the material is the desirable state, but look forward with joyful anticipation to the wide life with the free immortals waiting to welcome you all to the heavenly mansions of the blest.

### UNFAILING RECOLLECTION

THE mind is a most marvellous thing, as it is indestructible, and my memory has survived in every detail, so that I am not too obsessed by the joys of Heaven to ignore those matters that are important to friends on earth. I tell you this, as it may comfort people who have lost loved ones to feel that the memory has not failed, and when they meet again there will be that wonderful tie of earth, united to the more blessed union here. I long to be talking to many who have not reached this sphere as yet, and when old friends arrive we chat together with the familiarity that makes you say so often: "Do you remember?" when you rejoin people after separations. Let this thought cheer your heart if you have a feeling that time and space must change those you can see no longer in their old earthly forms.

### SELFLESS SERVICE

WHEN you find people are a worry to you because they make demands on your time, and give you no personal pleasure with their society, tell yourself that is a reason to be kind to them, as selfless service is beloved by God. Why should you expect to be always amused, when the best way to learn about life is to give yourself in sympathy to all who are weary and down on their luck? To be a ministering spirit is a great privilege, and when the opportunity is at hand never discard it for a more pleasurable engagement.

### ON CREMATION

THE subject of Cremation has been much abused and distorted by those who are not in touch with modern ideas. The soul separates from the flesh directly the body dies. We say there is no death, but the shell which is your prison house during mortal life dies when the soul breaks through, becoming unwelcome both to its late inhabitant and earth dwellers by reason of its decay. We are very glad when it is removed from our old home, and Cremation is a perfectly wonderful way of making an en-

cumbrance vanish from the world. We don't really mind if the body is buried in a tomb, or consumed by heat. It is a thing of so little moment to the released spirit in its new-born freedom.

### LOVE THE PURIFIER

THE essence of Life is Love, and that word can be degraded so easily. When you love anyone very deeply, remember that it is the greatest purifier, and should make you like a clear stream, not a murky or stagnant pond. Love must be always an active force for good, it cannot stand still. It must grow and increase, or languish and die. Watch it carefully, as you would a delicate plant. Never neglect its culture and think it can take care of itself. Love is a progressive state of the soul and follows you to the wider life in the new world here.

### A RUSH OF REVELATION

THE best mortal endeavour to pierce the veil is a mind laid bare to spirit control, through making opportunities for silent communication. Try it, even if you are not considered psychic. Give the angel helpers an opportunity. You never know what great surprises may be in store for those who really believe in the survival of the soul, after it leaves the body. When you least expect a revelation it may come like a rush of fresh air, and sweep away all doubt. Wait, watch, and pray.

### IGNORANT CRITICS

PEOPLE who talk lightly on spiritualism when they are completely ignorant of its force in the world, and increasing power, are not likely to injure the growing faith, as they exhibit their ignorance and carry no weight. Never get annoyed, or upset by controversy. We expect it, and know that it creates a life-giving energizing factor without which any religion becomes stagnant and unprofitable. Keep this word of advice uppermost in your mind if you are dragged into tiresome arguments with belligerent people. Your quiet mind can do more than all the heated words that make the mortal barrier harder for us to pierce.

### CHRISTIAN MEDIUMS

THERE are many spheres in the mansions of the blest. One is a very interesting plane, entirely devoted to helping those who are possessed of clairvoyant powers used in the cause of godliness, and not made the sub-

ject of profane experiments. The minds of really Christian mediums are caught up by waves and made to respond to messages sent from numerous sources to help, comfort and sustain believers on earth. I would like to tell you more of this method, but the lines of communication are so many and varied they even confuse me, so how could I expect a mortal brain to receive instruction on so complicated and miraculous a system? The world here has endless sources of knowledge and scope for fresh inventions and discoveries.

### AVOID FRICTION

FRICTION with others is to be avoided, as it delays the growth of the spirit, and is so futile in our eyes. Mortals are prone to anger, but we, in the world unseen, have no wishes of an unkind nature to embitter life. I tell you this because a word of counsel may be accepted from one who is no longer on earth. This advice may be remembered in heated moments. When you feel your temper rising, and the enemy to your peace is getting the upper hand, you can steer clear of the assault by writing or speaking in a conciliatory vein, which we can dictate to you if you ask for help.

### LIMITLESS LIFE

EARTH's little trials seem very big to those who cannot realize the shortness of material existence compared to the limitless life here. We are always hoping that we shall be able to make the mortal world feel this, as spirit intercourse becomes recognized and acknowledged by people of every faith and creed. It is a great grief to your friends here to know that the fact of their existence being established should be called unchristian. What could be greater evidence towards the whole idea of religious teaching than the glad and happy knowledge of survival, and the continuation of our loving interest in all you do or achieve!

### A WORD ON MRS. OSBORNE LEONARD

WHEN a tragedy occurs that is quite inexplicable, people often rush to unreliable mediums and make our communications into a sensational muddle. I have often watched the result with impatience. I want to warn you, in the world, against making investigations through worthless channels. I have often, in my private messages to my wife, spoken highly of Mrs. Leonard. Now I am glad to say, publicly, that I have watched her work on many occasions, and entirely approve of her methods, and can recommend this medium. When you are in doubt about these mortal channels, it is better to keep away than risk being misled by immature clairvoyants.



## BEYOND THE GRAVE

THE advance of Spiritualism in the past year is the result of a very strong campaign in our world. The minds of earth dwellers are being now systematically trained by unseen teachers, with the help of the Almighty, who wishes to reassure those living in your sphere of the inheritance awaiting them beyond the grave. As this firm belief spreads and becomes a certainty to many, the two worlds, physical and spiritual, will be so bound together that the bitter separations of the past will be less poignant. All the mournfulness of death will be gilded by the radiant glow of the departed souls happily established here.

## SUNDAY OBSERVANCES

THE keeping of Sunday, or rather the lack of the old rigorous ideas, sometimes troubles religious people. The fact is, Sunday observance has, in the past, driven people from loving God. It is always those hard cruel ideas about Him that build barriers between the Divine Father and His children on earth. Imagine a father of a family saying to those he loves: "Today you must commemorate me, and put all your own pleasure aside, and keep yourselves in perpetual penance from early morning till night-fall." Could such a suggestion give any joy to a large-hearted man? Then remember God's great love fills the Universe, and He is the Creator of all the things you enjoy. He longs to see the world happy. He is the most sympathetic of Kings. Never insult His Name by turning it into a threat, and making His people regard Him as a bogey. That is Satan's great card.

## BURIED TALENTS

WHEN people sit at séances and get very violent results as you did today, when a heavy piece of furniture was lifted high above your heads, do not over-estimate this phenomenon. It is not so highly developed as a quieter form of convincing the mind that we can be present with you on earth. I should like to see every one make a determined effort to develop some of their undiscovered talents. Most people are quite unaware of their influence in the world, and of numerous hidden possibilities. Mind-Discovery is a splendid thing to cultivate. Search for the gold that may be hidden in a mine which has lain in darkness, just for want of a lamp to find its treasure.

## THE GIFT OF ETERNITY

WHEN people die young, and seem to be snatched away in their prime, those who love them feel very mystified at the reason. It often happens that youth is wanted here for some definite purpose, to fill a post which is waiting for the one required. The mother who gives up her son or daughter in the very best years of life must comfort herself that her child has been called to a post of usefulness in a joyful community far above her own sphere. The gift of Eternity is a most precious thing, and to gain it before the soul is soiled, or contaminated, may bring about many a great result never dreamt of by mortal imagination. The young are always so delighted to find they are allowed responsibilities here which outweigh the highest post they could have aspired to on earth.

## ASTOUNDING TRUTHS

WHEN the moment of Death arrives, and the doors of Everlasting Life open for you, the whole secret of the Universe is suddenly realized by people of intelligence. The very ignorant and young go through this Portal in such a maze of pleasurable surprise, it is quite delightful to watch the mind expanding, and grasping undreamt of facts. The atheist and unbelieving souls are even more astounded than those who have thought little of the future beyond the grave, and remorse fills them with momentary fear. We then explain to them how forgiving is their God.

## FIRES OF PAIN

THE worries of life have all been greatly increased, ever since the world began, by sufferers not accepting trouble as a most improving medicine. The soul is stiffened to resist hard blows of fortune when the mind can accept reverses cheerfully. I have seen some of the most persecuted people with souls that outshine in beauty and majesty all those who have never been tried in the fires of pain.

## MORTAL CHANNELS

WHEN whole worlds are being made into mortal channels for our work to percolate through, it is very encouraging to us to find how gradually, but surely, the old scepticism is being destroyed by powerful agents on our side. Do not get angry if the material Press write in hot indignation against the pioneers of a highly momentous movement, to prove the



survival of life in this sphere. Why they want to disprove the possibility of communication is very mystifying to us, while other scientific experiments are given full play without ridicule or censure.

### THE HAND OF CONSOLATION

MORTAL messengers of faith, who do God's Will on earth, are often guided in their words and actions by powerful agents from this world. You may sometimes feel nervous about visiting bereaved people, wondering what you can possibly say to comfort them. Do not ever stay away on this account. Go straight at it, in an open clear way, and rely on words being supplied for you, if you ask, in prayer, to be allowed to be merely a mouthpiece for unseen comforters. You will then be used, and what you do or say will carry weight, even if you are humbly diffident and expect a failure. Many are consoled by the grasp of a sympathizer's hand and the tone of a voice that understands, merely saying: "I am so sorry." It is the soul's sympathy that counts and pierces outward deficiencies.

### NEARER THAN YOU THINK

THE work of Spirit Helpers are seldom recognized on earth, but they are keenly appreciated by our loved ones when they rejoin us here. We are most delighted to be of service, and we are much nearer than you think. It is sometimes rather disappointing when the dear ones on earth are too busy or too fearful to make use of our ministrations. It seems to us so amazingly unreal that you should imagine we have vanished from your lives, because we are translated to a position of far greater influence and power than when you could see us and touch our material hands. We often kiss those we love on earth, and walk beside them like the closest of companions. When you feel the presence of one unseen, give that friend a word of welcome and a smile.

### ON PSYCHOMETRY

WHEN a mediumistic person psychometrizes, it seems very mysterious to the uninitiated. But it is a gift that can be made of great service, and should never be misused. It is a kind of clairvoyance, and the thing held in the hand by the medium acts as a sort of crystal by visualizing scenes or people before the mental faculties of the operator. It does not do to try and force this very unusual and much sought after talent, lest imagination creeps in to mislead. The work it has done in the past is very far

reaching. I have seen our helpers here trying to get people who have the power to use it more often. The fact that it is such a popular form of entertainment is not very good for us, as a spirit of curiosity is apt to commonise an otherwise divine gift.

### THE VALE OF TEARS

I WANT everybody who reads this book to lay it down wiser, happier and more enlightened than when it came into their hands. It may be sent specially to the one now reading these words, as a lamp to brighten the dark paths of sorrow and bereavement. Have you been thinking of your dead as far away in a land of mist and shadows, beyond human call, and altogether out of your reach? If so, you are causing that dear one some anxiety and unnecessary mind-upheaval, as it seems so sad to us not to be able to tell you how near we are, and what pleasure it gives us to minister to those on earth. For us it is a short waiting for the marvellous reunion, but for those who mourn in the Vale of Tears the years creep slowly and the nights and days drag. They need not, if you treat each moment of earth life as a precious gift from God, to be used, filled and appreciated. You are in your world for a definite purpose, not forgotten as perhaps you think. But morning dawns after the blackest night and the watch is not ever too long. Take mortality as a whole, what a mere drop in the vastness of Eternity! We cannot help smiling sometimes at your impatience, when we see the fuller life waiting to envelop you when your earthly span is finished.

### THOUGHT-WAVES

THE waves of loving thoughts which are always surrounding those who remember the ones they have lost through so-called death carry to your sphere unseen gifts of great value. It is the secret benediction of Love that so often helps to heal a wound which earthly friends predict can only be cured by Time. No! It is not the gentle hand of Time which blots out that keen shock of suffering. It is the unceasing effort of spirits here, growing stronger and more insistent as they mount to the higher altitudes. They do not seek mortal gratitude, they have a far greater reward. But I want to speak for them, that you may tell your bereaved friends how they are made the special care of angelic workers beyond the grave.

### STEPPING STONES TO VICTORY

THE working out of your fate is not entirely in the hands of others, as many suppose. You are never so weak that you cannot fight against the

hard knocks of Destiny. There are people who firmly believe they are born unlucky, and that no effort on their part can stem the tide of misfortune. To those I would say it is very unnecessary to follow out the theory of failure because life begins badly. Many people make a poor start, and seem to be left behind in the race for favours. But this fact makes the winning of the race more glorious in the end. Turn away from despairing thoughts, as if they were whispering devils. Say: "I will change all this for ever by God's help, and my own strength of character, making misfortunes into stepping stones to victory and magnificent success."

### A WORD OF UNDERSTANDING

WHILE you are in the world, be not stingy with your sympathy. Often a word of understanding will cheer a lonely soul, and shine out like a ray of light in the darkness of despair. The spoken word can carry power from one who has no eloquence or range of words with which to express their feelings. A simply monument can be raised to a departed friend by the testimony of the lips. If you are talking to any mourners, and can praise the one over whose death they are grieving, it will sometimes fill their hearts with such pride and pleasure that the weight of care is halved with you.

### THE GROWTH OF SPIRITUALISM

Be bold if you believe in this communication between the two worlds now so closely united by the growth of Spiritualism. When the nervous or narrow-minded say it is wrong, do not feel any malice in your hearts at ignorance or unfair judgment. Shew those who think it is not God's wish how this beautiful certainty can purge your hearts from anything critical and unkind. Bear leniently with those who oppose a manifestation of God's work now, when the chronicled miracles of Bible fame are accepted and believed.

### THE GLORIES OF IMAGINATION

MATTER-of-fact people who have not the glorious gift of imagination are very frequently misjudged. Those more gifted with the soul's powers of vision should remember how God purposely closes the shutters for some and opens them for others. If you would gather round you influences from the very highest sphere, keep your mind clear of contaminating thoughts, and cast them out like intruding devils. That old saying: "Get thee behind me, Satan," might well be a kind of slogan for the soul's

good. Yes! it is always fight and contest on your plane; you cannot go to sleep or the enemy will creep in during slumber-time. The watching may be long, and the sentry grow weary at his post, but, at last, the final trumpet call shall herald in the soldier's victory.

### WRITTEN IN HOLY WEEK

WHEN the seasons of the year are specially dedicated by the Church to grief for the sufferings of the Saviour, it is not altogether in tune with our rejoicings here. The dear Lord loves remembrance, but He also tells us He is not mortal enough now to make misery out of His great Sacrifice. His awful pains are all forgotten in the joy of conquest, just as all human torture is thrown aside by the released souls here. His agony is not intended to depress and sadden His followers, but to lift them up and make them sure of a welcome by One who was acquainted with grief and overcame the darkness of death. Human minds sometimes question the Father's Love in letting His Son die. The mystery of the Cross is seen at once when you gain this life. Meanwhile the great God stands absolved.

### GRIEF THE ENEMY

WONDERFUL light can be brought into homes of darkness if mourners would be more courageous and try to make an enemy of grief, realizing how it drowns the whispering voice of the beloved spirit, trying to tell miserable ones on earth that grieving seems such an immense mistake to them. Those who are distressing others on earth by shedding countless tears upon the mortal remains of the happy dead are making them into a curse rather than a blessing. We, on this side, entreat you who repine to give us your smiles instead of your tears.

### THE SHUTTERED MIND

THE "Shuttered-Mind" is a great Hindrance. By this I mean the mind that does not wish to let us in and expand towards the light. The sorrows of life sometimes close up even the cracks, thus making the interior so completely dark that we are powerless to bring even a glimmer of Heaven's own gift of spiritual communication. With these unfortunate people the suffering is much increased, and death is a horrible, merciless thing instead of just a gateway to a better, more vital condition of life. Those who are able to receive the Morning Star of merciful brightness, piercing the gloom of the grave, are standing on an entirely different plane. They have set their feet upon the heights. No one can reach to this state of perfection unless they seek it with prayer, and with the Torch of Faith.



## SUNSHINE AND TEARS

APRIL is a very inspirational month, as it is so symbolical of life, with its sunshine and tears. It is the beginning of warmer days, full of promise to those who look forward with much anticipated pleasure to outdoor life. It speaks to the soul in a peculiar way, for the spirit is always growing, like other Spring attractions. Its expansion has a charm for me, to watch this increasing development from another sphere. Even the beauty of Nature, waking from winter darkness, has its effect on your inner self. Sadness, which makes all that is lovely seem utterly useless, is to us like a vapour crawling over the earth, or a cloud that obscures the warm sun rays and prevents them reaching you. The sun's wondrous power, which reaches the humblest and most squalid alleys, is like an example of God's bright Person, piercing mortal hardness of heart and contemptible mischief.

## WORDS FROM THE CROSS. WRITTEN ON GOOD FRIDAY

THE words of our Lord from the Cross are for all time, and for all nations. It is good to repeat them on a day like this, when the Christian World views His sacrifice for the vileness of man and those devils who bound, struck and condemned Him to a merciless execution. The last words of a loved one are always treasured and remembered, and so long as your world lasts the Master's Message from His Tree will carry more weight than all the rest. His lips did not once make complaint or curse His enemies. As you meet with injustice and harshness in life, say to your soul: "Be bound with Christ to Calvary's Cross. Suffer again through torment the right to say at last: 'It is finished.' God will not forget the crucified."

## THE PRESENCE OF ANGELS

THE message I want to bring today is about the presence of angels on earth. A great many people think they are merely myths, created to elevate the mind, and not real human beings from a sphere that is always in touch with your plane. The work these energetic beings do is simply marvellous, and we watch it with great wonder and pride in their powers. Not that it should be marvelled at, as they are God's Messengers, and get their radiance from His Throne of Light. They are not like the angels in pictures. It is rather a pity that they are drawn with such eccentric garments and wings. It makes earthly people feel they cannot really exist. They are glorified editions of men and women on earth, with a wonderful aura round them of magnetism and charm. Have you ever

thought of an angel as a very charming and devoted friend, whose every smile is a tonic and inspiration? Mind you do not make the angels into stained-glass window dummies.

## EASTER RISING

THIS is the Day of the great Easter Festival on earth, and we who are always in the light of the Resurrected Lord love to think that mortals remember His triumph over death and the grave. His Rising is like a beacon over the dark separation when those you love are snatched away from sight and touch. You have so much to learn from us at Easter. We see the full fruits of the Resurrection, and want to give you some idea of its beneficial influence on all the ages. The lesson is that there is no such calamity as the thing called death. When a mortal dies you should not say he is dead, you should say he is "resurrected".

## THE JOY OF RELEASE

WHEN the morning breaks for invalids on earth the joy of release compensates entirely for the misery of suffering illness while in the flesh. Only one instant, as the body parts from the spirit, and all is known and understood. Those left behind remain to wonder why this trial was permitted. But if they could have a moment's talk face to face with the departed, there would be no repining by those who are apt to fight against the Divine ordinance.

## CHANGE OF ENVIRONMENT

THIS is the Anniversary of my translation into light and joy. I have never for one moment regretted leaving the material sphere for the blissful regions of a wider and far more beautiful existence. The marvellous part is that the glorious novelty never wanes, but grows and increases the longer we remain in the spirit sphere. The gladdest thought of all is that there is no end to dread, as in mortal life. You love and appreciate to the full the circle you form here as your home, and know it cannot be broken by crushing bereavements or marred with unknown sorrows. The release from all worry and fear is so entrancing, for, with you, in your merriest days, there is always the shadow of certain death ahead. Get rid of that mortal Death-fear, and believe it does not mean anything more than a change of environment greatly to be desired.

## CERTAINTY AS TO SURVIVAL

SPIRITUAL things are a most amazing mystery until the body is cast off and the human brain can break free from its mortal casket. Why not try, all of you, to be more certain of the future life by praying for the ministrations of the Holy Spirit to give you a sure and undisturbed belief in this blissful inheritance? It is not only given to the Saints, it is given to all. None die, and no one is left behind. Immortal life is absolutely universal, and imagine what that means to the children of earth! It is something to live for, to expect, and anticipate, as you look forward to a new environment, which is to improve your present status and bring you into paths of peace or power, whichever you are most suited for. There is a niche for the meanest and most pitiful creature born into eternal existence. None are wiped out, all must live and learn and be gathered into the bonds of love.

## FUTURE AFTER DEATH

THE time of year is very much influenced by the moon and stars. When you look up into the sky you may well marvel at the smallness of your little world, which is as a speck of sand in the mighty plan of creation. Sometimes I watch astrologers trying to unravel God's great puzzle, and even the most learned are like infants groping in the dark. An uneducated and really unintellectual person knows more a second after death than the greatest brains in your sphere. So you see how the revelation is arranged. The first shall be last, and those who seem behind in the race for knowledge may be the winners in a race that no man can decide or judge.

## THE OCCASION FOR COURAGE

WHEN you are very much worried by illness of a devastating nature, never let those about you see that your courage is lacking, for that is the surest way of spreading panic and letting in failure. Be very trustful, and sure that whatever happens has, at its root, the germ of a hidden blessing, difficult to discern while the sorrow or pain is at its height. Always in these cases of affliction some additional help is poured down from Heaven to give the required strength. It is not likely that God leaves His children unprovided with a spiritual Guard of Honour in a crisis. We are frequently summoned to take a mortal sufferer gifts that are invisible to your eyes. But they count in the moment of death and are never made the object of repayment. They are the free gifts from a store of God's own making.

## LAND OF DELIGHT

WE who rejoice in this land of delight love to be remembered by our relatives happily, and not in the spirit of mourning or regret. The thoughts of friends are to us like letters to you, bringing kindly greetings from and news of those in a distant country. When you think of our beautiful existence and the amazing scope of our ambitions you will see all the inestimable benefits conferred on us by the change of scene and the new atmosphere. I can only describe it as a sudden elevation of every faculty and sense into rarefied air and brilliant sunshine, with no discomfort attached, like the blinding sunlight of earth. Get rid of your death apprehension and fear. Prepare for the fulness of extended life.

## AVENUES OF APPROACH

WORDS are quite inadequate to make the human mind grasp all that we are enjoying here in our most marvellous sphere. But I want to tell you how we arrange to reach you on earth. We are much nearer than most people imagine, and we have distinct avenues of approach, which make coming and going an easy matter. Our difficulty lies, not in reaching you, but in making you reach us. We wait for recognition only too often in vain, and return disappointed, to wait until your world has finished its tutoring. Then all our efforts will be known, and you will believe that we did our best, and it was only human weakness and not divine arrangement that failed to unite those whom the material divided from the spiritual visitant.

## UNTESTED POWERS

WAIT until you are very well and strong and then try and see if you are a medium. There are many mediumistic people who are too immersed in their worldly affairs to even test their latent powers. I want to try and induce all who read this book to see if they are capable of being mediums for us. Begin by small experiments—sitting in silence, very relaxed, and closing the eyes to keep out distracting thoughts. Then talk to your unseen guides with your mind, and welcome any influence that may pour into you from a spiritual fountain of great beauty. If you are inclined to go under control, and want to speak in a strange voice, let yourself respond without fear, and be very careful who you have with you, none who are likely to disbelieve or ridicule. When the power comes you will be told what to do and the gifts are varied and many—for those who are able to make themselves the instruments of Heaven.



## LIFE ON THE HIGHER PLANE

We are not very fond of keeping earthly anniversaries here, as time is so different with us and years are as nothing. The best way to remember your friends who have passed on is to keep their faces before your mental eyes and make allowances for the change from mortal images to immortal realities. The change is always a marked improvement, as every blemish is removed, and radiant expressions of joy and peace make spirit faces beautiful, even though their characteristics resemble those of earth. Marriages that have been happy are not dissolved in any way spiritually, though living is on a higher and more satisfying plane, without the loss of one human thrill.

## ANTICIPATED TROUBLES

WAIT until trials come before anticipating them. Many people spoil their earthly lives by expecting evil to come and destroy their happiness when God has no intention of making them miserable. Even if most terrible disasters are in store they cannot be made less unpleasant by studied preparation. As all things mortal are so fleeting, each moment of joy and freedom from pain should be warmly appreciated and used without looking ahead. Leave the future in your Maker's Hands, and don't mar the work of His Almighty scheme.

## THE LAST FLICKER OF THE CANDLE

WANING days are often wasted at life's close. Old people are apt to say: "My work is done, and I am no longer of use to anyone." This is one of the greatest mistakes possible. The last flicker of the candle is sometimes the brightest, and those who are nearing the grave are often dearer than the young and strong who need no special care from those who love them. I should like to say to the aged and feeble: "Think of your soul's strength—of the experience it has gained as you housed it in your mortal body." That is why it is sometimes a wrench to part with the earthly trappings, as they have become so closely allied to the spirit they contain. When people leave a home that is full of memories and interest they naturally shrink from the parting. But if they could only realize how unimportant that unsubstantial residence is, they would open the door willingly and not struggle against the exit. The goodbye to earth is the best God can send you.

## INSPIRATIONAL PLANS

MUST you always be making meaningless plans on earth, when you do not know what a day may bring forth? I suppose it is necessary, but we who watch you from our unhampered sphere often pity your countless conventions and ties. I wish men and women who are able to command their own time would sometimes keep a day absolutely clear for what you would call inspirational plans—things that you would never do if you settled the affairs of that day in advance. These moments of unarranged leisure are sometimes filled by the angels themselves, who make the path clear, leading you to new discoveries and undreamed of wonders.

## GOD'S HUMANITY

GOD is loving, and very human in His outlook. Remember He made man, and in giving His work a soul, He gave man divinity. He could have decided to alter that gift of everlasting survival, but His plan was to make human beings as gods, in whose bodies the spark of unending Life should never fail. In this way you on earth have great responsibility, and carry a most sacred heritage through the days of your pilgrimage in the world's sphere. This message is of very great importance, and must surely instil into thoughtless minds the far-reaching effects of all your actions and words. When you feel life holds little for you, remember it is a great opportunity given once only, and that you will regret when you reach this world any discontent that hampered your influence when you were in the shadows.

## TRAVELLING COMPANIONS

WHILE the course of life is running down Time's River, never think you are wasting your energies by making the most of all those who are your travelling companions. You never know when a word of encouragement spoken sympathetically will be the turning point in the life of someone weaker than yourself. Should you be one of the favoured ones who have the world's applause, then your friendship will be sought by many who may seem rather tedious and wearying. Bear with them, as you would with your own flesh and blood. They are your brothers and sisters in the holy ménage, I mean God's family on earth.

## THE MIND OF THE MONEY MAKERS

MANY men are amassing great fortunes on earth which will slip through their hands when the last call comes. They forget to lay up that treasure which can make the poorest like millionaires here. The mind of the

money-maker is very difficult to reach spiritually, because it is absorbed by self and the passion of gain. The true riches are really harder to acquire. They mean self-sacrifice and great forethought where the good of others is concerned. The mortifying of your ambitions is very necessary. We watch failure upon failure in those who are counted amongst the world's greatest successes. This should lighten many a heart whose good is its only asset.

### A VAST ALTERATION

THE world is full of misery and worry, but our sphere makes up for all limitations of your life on earth. We wait expectantly to see the pleasure you will feel when you realize that every care has materialized into a joy. It is a rapid and astonishing alteration, and bursts upon the senses of the newcomer with such a thrill of bewildered ecstasy that we hardly realize how vast a change they are experiencing. It would be quite wonderful if we could find ourselves once more tied down for a single hour by the flesh, as a reminder of all we have gained since arriving in this beautiful land of immortal love and life.

### LIFE'S HERITAGE

THE working out of a life's heritage is sometimes influenced by the gifts a child brings into the world from its parents. All who desire to make their children fit for the highest immortal sphere should train their thoughts to perfect harmony, lest evil desires contaminate the future generation. It is not easy to be a daily example to the young, who grow up watching their parents in order to discover more about the world that is opening out to them in various ways. The father and mother stand to a very young child as God does to the developed mind. They are the supreme ordinarators of that life. Be sure you who train the young realize how immense is your responsibility, placed upon you by Divine decree. I want to advise all parents to first reorganize their own outlook and become as children themselves to the Eternal Father.

### TRAINING THOUGHTS

MY own ideas are very much immersed in the flood of rich thought which is ours to command here. We read thoughts as you can read a book or paper. We meet high intelligences that have given to your world and ours a marvellous illuminating wealth of ideas. All these magnetic and attractive personalities are welcoming the lesser lights, in order to give out

their treasures ungrudgingly. Here they do not hoard their beautiful gifts for reward or money, like the great ones often do on earth. The poorer and meaner you are, the more they desire to make you share their possessions and fill your soul with unimaginable godliness.

### MOURNING A HINDRANCE

MOURNING is a most terrible drag on us here, when we are so carefree and more than happy. I fear nothing I can say will make those who cloud our sunshine more reasonable, for it is almost impossible for those on earth to reach to the unselfish heights of rejoicing over our uprising. Still, if these emphatic assurances can dry a single tear, I shall not have written in vain. Make a resolve while you have your dear ones with you to be prepared to part for the brief period between your going and theirs. Joy will be yours for ever when you are rejoined to the so-called departed.

### WHILE IN FULL HEALTH

I WANT you all to think about Death long before any idea of illness or old age has made it a painful subject to dwell on. Accustom the mind while in full health and strength to contemplate with immense wonder and great joy the change you will one day be fitted for, when your work is done on earth. Be always looking forward to the marvellous life in store. It is pathetic to us to think that this most priceless gift of life immortal should be the darkest thought and the gloomiest terror to millions of people, simply because all is mystery. It cannot be fathomed on your side of the veil. Try and grasp my assurance that death is not to be feared, but to be desired with deepest gratitude by all.

### HEALING RAYS

WHEN the mind is in harmony with God the whole body is rejuvenated and restored. It is not easy for those who have a great strain put upon their physical endurance to realize their best plan of salvation is to endeavour to keep in touch with the world of immense space and power. Even if they believe that the healing rays of God's Medicine are freely at their disposal, they are at a loss how to grasp these spiritual benefits. I would advise them to make a supreme effort to detach the brain, if only for a few minutes, from all the strife and weary monotony of material worries. Then, either go out into the open air or be absolutely alone in a quiet room. Call upon the Unseen to materialize in your mind. Say: "Shew me your dear Lord's Wisdom and His Will, ask Him—kind guides



—to make me conscious that He is dwelling in my heart. Help me to rise from this lethargy to the glorious beauty of His Majesty and Might." Then wait for a reply, hopefully, and you will perhaps be actually conscious of an answering voice.

### BORN INTO CAPTIVITY

WORLDS are working out the plan of the Universe, of which you know nothing, and it is a great astonishment when you come here to find how small all the little centre you filled appears, when measured against the whole immensity of the complete creation. God has purposely limited your minds in merciful consideration that you may not feel too cramped by the small portion of earth you are called upon to occupy. If we were put back in our old sphere we should feel like birds in a tiny cage, with much more to suffer than the happy songsters who make the best of their imprisonment. As human beings you are born into captivity. As spiritual entities you awaken to deathless day and the realization of the spirit's vast opportunities and limitless adventures.

### IMMORTAL PARTNERSHIP

THERE is a great stir in Heaven when your mortal work below is made immortal, by linking it with ours in one communion and spirit. I know, as I write this, my scribe is thinking these words are rather abstruse, not as clear as usual. Let me explain that we are always desiring more fellowship with those on earth. We want to be partners with you, and without recognition and belief you cannot help us to achieve this purpose. So set your minds on being in unity with your friends who are striving from an unseen sphere to make your life on the material plane healthier, happier and more buoyant like ours. I want to get you out of chains, to lift you up into a joyful altitude of hope combined with certainty and peace.

### PROGRESSION

I WISH the world to know that those who come here do not stand still. They continue to progress, and all those with the zest for work, or love of adventure, can appease their ambitions in a far more satisfying noble way than on earth. However splendidly you achieve your life's work on the material plane, you know in the end it must be left to others. This is always a most unsettling and oppressive thought. But here you have the joyful knowledge of continuance, and that makes everything you do so

miraculously interesting and absorbing to mind and soul. We simply become engrossed in our attempts to carry on certain work which cannot be explained to earth minds. The sense of power and of growing opportunities is extremely exhilarating. It gives us such heavenly satisfaction, which you could never understand. I wanted to write this, that all who dread death may learn more of this life's glorious ambitions.

### AN EASY MOVE

I SHOULD love to be able to tell you the wonder of this life that will one day be yours. I often think of my intense surprise when I opened my eyes for the first time on such an unrealized revelation. The move to this sphere is such an easy one, with only the spirit to make its entry, so much nicer than the tiresome journeyings of earth with their many inconveniences. You are often inclined to regret what seems like a lonely passage into darkness and death, but it is never that. It is the most delightful sensation imaginable, once the pains of earth are no more. You cannot feel lonely, for you have access to all you loved on earth. Those you long to meet in this sphere always come to welcome you. I am trying to make this very clear to wipe from those fear-stricken minds the absurd dread of losing the physical in exchange for the immortal. What could anyone desire more than the utter joy of our life in the world of unhampered activity? You are in prison, and we are free.

### YOUR BIGGEST OPPORTUNITY

WHEN the moment of parting comes, and those you love are called before you to their glorious rest in this home of light and marvellous mystery, make it your most beneficial hour of strength, faith and endurance. This will help those round you who may not absolutely believe in spiritual truths. It is your biggest opportunity, and one you should try to grasp. If you have called yourself a believer in happier days, those who watch you in the dark hours of bereavement will be guided in their own faith by your behaviour. This is a thought worth remembering, and can be better acted upon if you make the resolve to be an example before the blow comes.

### SUPERSTITIONS

THE months all have a significance, and May is one that many people call unlucky. Do not believe in earthly superstitions, for they have no spiritual foundation. The significance lies in quite another and deeper source. Each month is registered here, as one term of time in which

different angelic beings undertake to go and minister to people on earth, and they report to the Most High all they have done on the mortal plane. God is everywhere, and in all humanity, but it is His Will that the Spirit-World should work with Him and for Him continually. Because then they will share His Knowledge and learn to be partners with Him in the world's affairs. His scheme of government is so much too marvellous for you to comprehend that I hesitate even to tell you that we are allowed at times to help so great a King, and make a cord of communication from the material plane to His Almighty Throne.

### THE DAY OF KNOWLEDGE

MUCH joy and pleasure is felt in Heaven when one unbeliever is convinced that God has never forsaken man through all tribulations of the ages. The fact is that religion has become stale and stereotyped to many. Much of its magical charm is lost by those who teach it. I think if the world could be again re-taught and came untutored to the knowledge of Christ it would be amazed to find how miraculous and full of life the Gospels are. I read your Bible here, in Heaven, by an utterly new light. I see the reason of all that is difficult and incomprehensible to man, and why the Master had to be as a servant, and to die the death of a malefactor. I have told you before not to judge God, or think Him hard, for the day of knowledge will dawn. Then all the imaginary grievances of man will fade away, and He will be acclaimed as just and right in all things.

### THE BROTHERHOOD OF MAN

THE Brotherhood of Man is very much weakened by National industrial upheavals in your world. The spirit sphere is often helping those who are lost in bewilderment at the disasters to their homes and the cramping financial misfortunes that overwhelm them, and make them wish they had never been born. I want to impress on all who despair that it is like battling through a storm to the Promised Land to unutterable peace. The more bitter the trials of life on your plane the greater the thrill of relief and astonishment when you reach the wider world where wrangles and strife seem like madness, and where all hatred and avarice are for ever ended.

### AN EVERLASTING ARMY

LET men and women who believe in immortality, now that the earth is full of strife and sorrow, gather all the help they can from those who know what the peace of Eternity means. We want to do all in our power to

calm troubled minds and make wrong-doers repent. The light that is shining through your days of national gloom will pierce the crust of selfishness and unholiness. We are more than millions and millions, we are an everlasting army gathered from the beginning of Creation. We could flood the earth's foundations at a single word of command, but the Almighty has His own methods, and awaits His hour to act.

### A MAGIC CHARM

WOULD you be amazed if I told you that all the things you think are disastrous and unnecessary make a great chain of magic between the two worlds? Suffering and privation bring their eternal reward. They are the most treasured memories in a home, where even the sensation of sorrow is completely forgotten because it no longer exists. Do not think this takes away our human sympathy. It makes us so extremely sorry for those who must endure to the end of their mortal span. We know how long it seems to sufferers and we recall our own temptations and crosses, often borne only too feebly and resented while we were in the flesh. Now we rejoice that we knew earthly disappointments and anxieties, for they were fitting us to be better citizens of the perfect Kingdom of God.

### THE FORCES OF HEAVEN

WHILE the earth is full of strife and tribulation the forces of Heaven are silently working to encourage and uphold those who pray for support, and for the armour of faith. We cannot appear in massed formation and amaze the materialists, as we sometimes long to do, but we are present as guardians. We have to allow the wicked to foregather, and work their way of hatred, because the life of peace and freedom is reserved for a future sphere. When the last word is spoken in the fleshly habitation, the earth is made the tomb of all selfish ends. The immortal atmosphere of this delightful land of safety works like a charm on the tainted sin-stained soul. We greatly lament your sufferings, but we see their ultimate purpose, and remember that all is working out for the best. We have never known it otherwise. God from the beginning has done everything in the most perfect order for the future good of man.

### WITHOUT FINANCE

WANT and poverty are not the will of God Who created the earth for man. Poverty has been made by centuries of civilization, and would be unknown if the simple pastoral life of early creation still prevailed. Money has



much to answer for, it is a curse as well as a blessing. We feel so thankful that, in the spirit world, all finance is obviously unnecessary. We are not idle, as you know, but we do not work for earthly profit, only for our own intense satisfaction. We own homes in which loving and united hearts are bound together by the greatest tie of all, the sympathy that can be so wonderful when the complete soul is revealed. No misunderstanding can possibly interfere between those who desire to be continually in the same circle.

### A MAGNIFICENT SCHOOL

THE only way to do the world justice when it disappoints you is to think of it as a magnificent school, in which the training has been arranged by God Himself to perfect you for Eternity. If this view is taken then you cannot go wrong. You must accept every minute of the term-time as being intensely valuable, and beyond the price of millions of gold and silver. The moment you rebel you destroy the gift of discipline which is moulding you into a citizen worthy of Eternal Life.

### FUTURE AMAZEMENT

WALK towards the Light, it draws you unconsciously if your heart is set on reaching Heaven. Don't think of Heaven as some far-away land of poetic fantasy, but as a real substantial country in which all that is most desirable centres. There you will find those you think you have lost in death. When you get accustomed to believe in the humanity of your future life, and dispel the uncanny mystery which earthly minds weave around it, you will no longer fear your last hour but look forward to a most amazing future.

### PREPARATION

WHEN the heart is very heavy and the life in your sphere seems to be nearing its end, make this a special time of preparation. Do all in your power to rise above the physical side. Great weakness of body, instead of discouraging the spirit, should magnify its strength. The wants and cares of earth are making themselves conspicuous, because those who are nearing everlasting peace will know them no more. It is like the last mighty struggle of an enemy about to be defeated. The final effort is the most desperate, and then the conqueror breaks all bonds and enters into the full reward of his mortal conflict.

### THE NEW ARRIVAL

THE everlasting love which overshadows and illuminates all mortal life is so veiled at times by sin that you are inclined to doubt its reality. But when you see it from our side of the veil it is so unspoiled and magnified that its whole splendour lies revealed to the astonished new arrival. I feel so very sorry for those who are left to mourn and grope their way through a darkened world. But we who know what is in store watch for the ultimate release and reunion with a thrill of ecstatic sympathy.

### FILL A GAP

WHAT can I do for others is the thought that makes life full of interest and moulds you for Heaven. What can I do for myself is the most universal question. When you are giving up your time or your money to assist another in sickness or sorrow you are serving in the great company of invisible workers. Why not enrol yourselves by saying: "I will fill a gap whenever needed, and make my immortal soul the richer for its endless life."

### DON'T CRITICIZE

THE way to delight those you love is to keep your mind clear of criticism and manage your own affairs, leaving others unbiassed to their free desires. I do not mean by this that anyone should slacken their interest or sympathy, but it is apt to sometimes develop into over-anxiety or fussiness. The best way to love is to be indispensable when needed, and absent when the loved one is not wanting your society.

### FELLOWSHIP OF SUFFERING

THE fellowship that exists between those who have suffered is not forgotten when pains and trials cease in Heaven. Those who have given out sympathy and denied themselves on earth often reap a most unexpected reward in this life. The person they have helped on earth may, in the spirit, be on a higher plane. Their first thought is to make a return, and shew their gratitude. It is all like your routine, on a higher more heavenly scale. Nothing is eliminated, except hatred and ill will; so far as feelings are concerned, the character is purified. But the human instincts remain, to make you as you were at your best when in the flesh.

## TIMES OF DISTRESS

UNUSUAL occurrences often throw out all your arrangements, previously planned, leaving the people it concerns staggered by some unexpected blow. It is most unnerving when you find yourself facing a great upheaval, or left, as you think, to fight alone in a difficult world. It is at such times that you have far more angelic helpers to guide and uphold you than when you are satisfied with earthly friendships and human love. I hope these words will reach some who have not, perhaps, realized before what wonderful channels are open to those who think themselves deserted. The mind must give the S O S and the message will be received and answered.

## UNION OF SOULS

THE word "spiritualism" is so misunderstood, and frequently abused, that I would prefer it to be called the "Union of Souls". You see, the soul must be always the moving factor in both worlds. It is the indestructible element of life, and can unite itself to a loved one who is still on earth as easily as if they were walking together on the material plane. Space means nothing to us after physical separation. We bridge it by a will working within us, as yours would if you were not tied down by a mortal body.

## UNHAPPY DIVISIONS

WHEN people who are married have unhappy divisions, it is comforting to them to know that the tie is a temporary one, and whatever suffering is caused on earth through infidelity all the bitterness will vanish when the wider life absorbs the spirit. Heartache is of earth and will be healed as physical pain is, when you are no longer in the circle of evil passions and untrammelled desires. No one is in a position to judge another, even though injured to the furthest wound in the mortal frame.

## CREATING A KINGDOM

WANT, and other trials, are always making bodily claims so strong that the temporary concerns get in the way of eternal ones, arresting your spirit's progress. The few who can rise above earth, making light of physical discomforts, are most blessed. They create a Kingdom for themselves here which the richest might envy. The world cannot rob a truly psychic person of magnificent advantages over their less fortunate friends.

## AN INVISIBLE MESSENGER

THE written word is like an invisible messenger speaking to millions of souls from our world of fuller knowledge. God is a Monarch with all a father's lenient pity allied to His high estate. This entrances those who know Him as we do here. It makes us His devoted and willing workers, always enjoying the ministrations He entrusts to us.

## SPIRIT CONTROL

THE best way to be "spirit controlled" is to rest quietly and be very contented. Say: "I am made in truth a child of God, in the circle of Love, and I learn, night after night, about future bliss, and how to live here on earth as God wishes me." Never repine, or lose courage or endurance. Say again and again: "God is good." God loves to impress this great truth on your subconscious mind, binding you to Eternal Life. So when you pass on you will be part of it in heart and soul, ready to receive the marvellous revelations of great and endless life. You will then find yourself surrounded by spiritual friends.

## MAGNETIC ATMOSPHERE

THE most delightful atmosphere can be made in a house by mind control. The person living there has the greatest possible power within his or her grasp, if this truth could be realized. Many arrange their houses carefully to attract attention, and raise admiration, but the simplest home can be made absolutely irresistible by personal magnetism. To begin with, no scolding voice or ill-natured word must pass the lips of those who control the household. Then the other members will never be ruffled or upset. The leader will gradually spin, like a weaver, the illusive and unseen fascination of atmosphere that heals and invigorates. The result will be an unusual creation, a place of inward light, on your plane of frequent shadows and gross misunderstandings of life's most divine attributes.

## POUR FORTH SUNSHINE

DON'T forget to make it a great effort of love when you entertain. You are always giving out an aura in your life, and the love in your heart should pour forth like sunshine. It is as healing as the sun's rays are to the sick and depressed. The way to radiate is to forget self in others, and be interested in all they say or do.



## TREASURED KNOWLEDGE

TELL people that it is always a God-sent work to pass on great thoughts which come into the mind, as they are given for that purpose. This knowledge must be treasured as a real living truth that is well pleasing to God. Tell this from an unknown friend on the other side of the veil.

## HOME OF WONDER

THERE is a most glorious spot here that I prefer to all others, and have named it our "New Home of Wonder". It is just like a great garden of roses in bloom, without thorns or fading, and with waters in that landscape full of sparkling radiance. We drift through space like shadows, only all is so full of life and beauty that a shadow does not really express my meaning.

## PEACE AT THE LAST

We are not always in Heaven, but sometimes visit earthly homes to help those who are passing out of their bodies to be peaceful at the last and unafraid when they find themselves purely spirit. The body is never regretted by any. Its dismissal is always a release and joy. That is why it is so sad when people think of it as all important, and dread separation from its thralldom. Last night we bore a soul upwards to realms of unspeakable beauty and wonder. We watched the reunion of a family divided for years through death. We were thrilled and enraptured at the sight of their wonderful delight, and almost cried for joy to see them.

## REJOICING IN HEAVEN

Do not be disheartened if your work for God sometimes seems to fail. The intention is all that matters. I am looking forward to the time when all doubts, miserable partings and misconceptions about these mysteries will be removed. The day is not so far off as you might think. Do not be too sure that it is a distant event, the end of the whole human race. When that glad day comes and the spirits of the just are at peace for ever, there will be immense rejoicing in Heaven. I am sure if mortals knew more of the imprisoned spirit they would be much more in harmony with each other. It is ignorance that makes the troubles and wrangles on earth.

## MY PRIVILEGE

BE very lenient to all failings in others, and never harbour a feeling of dislike to anyone who upsets or offends you. Age is the time to try and be prepared for the blessed call to Heaven, and your loved ones assembled there, at any moment. No imagination of yours could picture the blissful joy and the work here. I delight in being able to tell you this through the writing which God gives me the power to control. It is a very blessed and glorious medium.

## FLIGHTS IN SLEEP

ANGELS are often sad because mortals are so hard to impress and comfort through lack of faith. There are souls who fly away joyfully at night, when the world sleeps, in a deep state of unconsciousness. Some are permitted temporarily to desert the flesh, and learn how beautiful the way of the Almighty can be.

## A TETHERED BOAT

MORTAL feelings and sympathies are just as strong as ever here. We are very glad when you, on earth, talk about the spirit world. Being near you, we often read in people's minds an idea of distance, as if the barrier were insurmountable. They imagine the journey across the border-line is a difficulty, until they are themselves immortal in glorious freedom. The atmosphere here is so different from yours, filling us with vigorous health, high spirits and youth. You are tethered like a boat fastened to the shore, till you finally leave the flesh.

## THE BRIGHTER SIDE

I AM alive for ever and ever in this most perfect sphere, where life is full of increasing interest and beautiful desires. All who know, and love it, as I do, long to tell those they have left on earth about their new-found joys. It is a grief to many to find they cannot communicate, but must leave it until the ones they love are in the spirit world too. They do think I am extraordinarily blessed to be able to say all this and to have written my Book. It has helped so many mourners to look on the brighter side of what you call Death. We are often very perplexed why death is still feared by people who have received messages from us. They fail to accept faith's divine inheritance and the gospel of peace.

## THE SEVENTH PLANE

IT is utterly lovely here, and the inhabitants are such wonderful beings, living in great peace, rapture and holiness within God's angelic circle. I am so very busy, working extremely hard at communication between our worlds, having extraordinary success, and am never weary. How could I tire now the spirit is untirable? The seventh plane is not really any different to many others, as generally supposed. I am on a higher plane than that. God does not judge from man's disconnected understanding. He forms his judgments on lines you have never imagined in your life on earth.

## UNKNOWN REALMS

THE way to communicate is to be very much in this world in thought and not to worry or be concerned about earthly matters. Much more important is this heavenly method of binding the soul and body to a higher chain of beings who lift you to unknown realms of immortal life. To become a medium have no fear or reserve, but give yourself up completely and entirely to unseen forces.

## HUMAN MAGNETS

MANY people have a marvellous gift that they are quite unconscious of. It makes life, for them, a rare and beautiful thing. Quite unknowingly they brighten and heal those with whom they associate. When they meet strangers they do them good by their mere presence. It is a glorious gift to possess and use. Such fortunate ones have with them an invisible companion from the spirit world. This unseen guide helps them to be messengers of light and peace to influence all they meet. Are you, who read my words, one of these? You may be. If you are, try to recognize the fact, and benefit by the knowledge of this power given you by God.

## VINDICATING GOD

THAT there is no Hell is God's truth, and I state this to vindicate Him from the awful cruelties some people imagine He is capable of. The word Hell in the Bible means a place of immense scope and a wonderful waiting ground for those who cannot enter the realms of bliss in the state of mind

they have cultivated through life. Only a swift judgment and one tempered with mercy is given to those sinners, not endless suffering and torment, as was believed in the days of old. Their punishment is finding out all they have lost here until they can mount higher through penitence and prayer. The Bible is not a book to quarrel over.

## THE CRIMINALS' PLANE

I WANT to tell you of a deep cavern where unhappy ones are living, in their way happier than on earth, but full of deepest sorrow for crimes committed in mortal life. It is not all terrible, but painful because they see their hideous faults and are filled with remorse. They are very low spirits on this plane, not as far as class distinction goes, but evil in mind and heart—untuned to high spiritual development.

## COMPLETE ONE-NESS

I AM always interested in mortal affairs, though they seem unimportant here to some. I remember how much I cared for all that made life so full and varied. We are never scornful here of your interests, but smile to think how enlightened you will be some day. I never could grasp what Eternal Life was. It is complete one-ness with the Highest Spirit of Life. It is union of all that is beautiful and real. Be delighted to think it is for you as well as for me.

## SPREADING YOUR FAITH

TRY and be greatly insistent on spreading this glorious reality. You can do so much by talking to people and telling them of your own joy and comfort in Divine truth, and that you are absolutely sure of our active presence. We are not divided from those we love on earth as many suppose. Be a teacher of this marvellous news. You will then be like an Apostle, and a worker for the great Father Himself. Many will bless you on their death beds for removing from their minds the fear of ending mortal slavery. Give your mind up as an offering to the inspiration of Heavenly Messages. Some people are what we call here "mortal receivers". These are the fortunate ones who can get inspiration from our sphere and profit by it both physically and mentally.



## THE MYSTERY OF SUFFERING

I BEG you to believe that all the sorrows of life are for your good, and the end is the supreme recompense. You may think at times that a hard blow is unjust and not deserved. But when it is eventually regarded from our perspective you see the meaning of the bitter chastisement which is often sent to strengthen and mould character. The mystery of suffering can never be fully solved on earth. Be prepared to endure it all uncomplainingly until the veil is lifted and the riddle explained by immortal wisdom.

## AN EARTHLY WALL

THE way God works is unfathomable to you, but it is all clear to us. The veil seems like a wall of granite, but we see through it to your world as if it were a clear window pane. That is the difference of the outlook, our sight can penetrate the utmost limits of your world, while you are as groping moles. The impenetrable darkness of mortal eyes at times fills us with shocked amazement, specially when we realize that we were in like manner once surrounded by the universal cloud. The windows between our dwellings are made with blinds and shutters to keep you from learning too soon the secrets of immortality. Such knowledge would simply cut the earth from under your feet, strip you of your fleshly obligations, and make your present existence impossible. Ignorance of our laws and habitations alone reconciles you to the torments of your present abiding place with its uncertainty, bereavements, sickness and grief.

## A TORMENTED SOUL

THE conscience of a person who has sinned grievously against those who ought to be protected and loved is the veritable hell which burns like a living flame in the tormented soul. Those who are injured by infidelity or other wrongs should remember the sinner will be sorely punished by remorse in the next life if not in this. So never seek revenge, it will come of its own accord. The steps of the pursuing angel always follow without a pause until the sinner is redeemed through the purgatory of realizing the far-reaching results of cruelty and inhuman practices. You may want to hit back, but leave that to the Higher Powers, and the fitting retribution meted out by the Father who wants all to repent and be saved.

## THE FOG-SPIRIT

MAY the Lord be with you all and shew you the light of His countenance which fills our sphere with radiance, far brighter than your sun, even

when in its full strength and power. We pray for you here, and never omit to watch over those we love, who grope in the shadows of a material world. It seems so uneven when we approach you from our glad surroundings. The messages we whisper to those who have "ears to hear" are amazingly helpful when delivered. They are always magnified by the momentous fact that they come from those who know the immensity of this endless life. We speak with certainty. We guide you without fear because God has given us His sanction to make your sojourn less difficult and lonely. Those who will not believe in the help of the Spirit-World are like feeble babes immersed in the fog-land of ignorance. Their motto is: "Never believe what you cannot see!" Think how very much this view of life cramps the soul's outlook and shortens spiritual vision.

## DIFFERENT AGES

WHILE the morning light is shining, it is difficult to think of a dark and stormy night. In youth it is not easy to picture the fact of old age. Often at different periods of earthly life we remain very absorbed by the present and prefer to imagine it will always last. This is why older people should be lenient with those who seem to them, perhaps, a little wanting in patience. There are laws for different periods in the mortal career, laws of health and laws of conduct, all differing and making a breach in the sympathy one should feel for another. We see, only too well, how very easily men and women misunderstand each other. Here, there is that delightful oneness of purpose which creates a complete whole, without divisions or mortifying wrangles.

## A GOLDEN GIRDLE

WHEN the winds of adversity blow hard across your path, make a magic circle round your mind like a golden girdle of peace. This can be done by the power of prayer and by marshalling your thoughts into line with the harmonies of Heaven. The mountains of desire tower always above the lower plane and give you an impetus to mount the heights. But many can never even begin the climb because of their weak human nature. Mourning for the dead is one of your mortal weaknesses that cannot be cured however hard we try to impress on you the utter lack of faith portrayed by this attitude. When tears pour down, each one you shed is an acknowledgment of failure in God's sight. We cannot hope to cure saddened and bereaved mourners until there is no more separation or sorrow of parting, but life for ever and ever.

## DARKENED WINDOWS

MEN and women in mortal bonds of flesh are apt to think the world and its demands must take first place in all their movements, hopes, and plans. This is rooted in the human mind from earliest youth and is an entirely wrong view, taken from a cramped and darkened window. Go outside these minute moorings into the vast sea of eternal vision. It will be like escaping from a prison into far off climes that are unearthly in their outlook. The world is but a pin's point, a dwarfish mound, when looked at from the everlasting heights. Please try and take less store of its immaterial values. Build on the mountain tops a marvellous Mind-Palace which will reach to the stars. Be of good courage, the world cannot harm those who are in the Divine Creator's care.

## JARRING NATURES

MANAGING people is often a very difficult task when jarring natures live under the same roof. We watch quarrels and disputes, just as you look in horror at animals fighting, and tearing each other in pieces. Try and remember this when the awful temptation assails you to fly out at anyone in a moment of resentment. Say to yourself: "I am a Spirit, not an animal, and I must win this annoying person to recognize the godly inheritance which we all possess." I know it is the hardest thing in the world to meet with mortal arrogance, and emerge unspotted from the encounter. But those who can wrap themselves round in immortal trappings which are always waiting for their use, can rise to undreamed of heights and make their traducers writhe in the dust of defeat.

## A DIRECT APPEAL

MINISTERING angels are always mourning over the fact that their presence is unrecognized, and often made impossible by the door of the heart being barred against them. They are waiting in the mansion and the cottage when there is death, sickness, or pain of any kind. We want to help them to be welcomed and recognized, so I am writing this at the request of many who work on earth for you. They say: "Tell unbelievers to expect our visitation, and mark our coming by a prayer of gratitude that God is so lavish in His giving." He sends His Army to protect the weak, and defeat the devil. You can always rely on spiritual assistance if you make a direct appeal.

## THE DAWN OF ETERNITY

WHEN you pass out of your body and find your true self in a world of perfect sympathy, love and understanding, you are so relieved and enchanted that for a short time you can hardly realize how vast the change is and what it really means to you. As time (which is no time for us) goes swiftly by like a beautiful flowing stream—the new arrival becomes more and more absorbed in great discoveries which are being unfolded. The earth life seems like some far off prison, and those who love people still in your sphere begin to ask us about returning to try and comfort friends who are mourning for them if they are able to appreciate the scheme of communication. We give them the necessary advice or training, but some do not need it, having psychic relations or friends who can call them unaided. This is quite usual now that the faith is growing, and the more you believe on earth the easier it is for those who are divided by what you call Death. People love to have messages about the homes in preparation for those who are coming to their dear ones.

## A MAGNETIC CURRENT

THIS current is most marvellous and inexplicable. It is like a fluid running between two streams and joining them together in one river. There is a great difference between the subjects of psychic phenomena. Some are so material with it, and others are entirely guided by angels and messengers from the higher sphere. My writing is all done through angelic agency. I am noting the daily progress of my last book and how the good news is spreading and sowing the seeds of faith.

## WORK AND ACTIVITY

ALL is activity here, and we can do so much that is needed in your world as well as in this one. We are always working for those who need advice or guidance. We are so delighted when our advice is taken and understood by mortal minds. There are spiritual companies fighting great evils, and the Devil's work is so strong that the fight is very hard, even for the angels of God. When they are victorious, it is a real delight to think sinners are being made more fit for their future life here. We go where we are sent. God does not forget his children, he is always trying to save the world from its own disasters. The work here is most wonderful and of real use. It is so lovely to feel that life now is eternal, everything is progress, activity and movement.



## GOOD FRIDAY

THE best way to be really Christ-like is to cling to the thought that our Lord's sacrifice was for all time, and that His life and example is the standard of glorious faith.

He might have lost trust in His Father on the Cross.

Go on trying to imitate Him as best you can; it will be a work of great beauty, and help you to increase in love and holiness.

## AFTER AN EASTER SUNDAY MORNING SERMON

You heard in Church today about the sting of Death. It can have no sting for you on earth, now you have been saved from the morbid idea of death as a victor and enemy. Death is life eternal and Resurrection. Easter-tide is very much appreciated here. So many are thinking of their dear ones in this sphere. We greet you all from this side, and a great company of friends and guides who are with you for ever. The world is very pleased at the resurrection of the Spring, but people often forget their risen Lord. The secret of living joyously and well is to help others and to be kind.

## AUTOMATIC WRITING

If you want to explain automatic writing to anyone, say it is an electric force coming through a human being from the home of electric immensity, that moves the stars and the spheres and keeps the planets in their courses. Never think it is anything earthly or physical, it is utterly supernatural and miraculous. I am daily increasing my powers of influencing people under spirit control. They should make the most of their opportunities. I love to welcome new-comers here, and to greet them as if they arrived off a voyage, after much trouble and rough weather. The dividing line is really so very slight that the troubles of earth do not count any more.

## ABOUT THE GREAT FRENCH SCIENTIST, ASTRONOMER AND SPIRITUALIST, CAMILLE FLAMARRION, WHO PASSED OVER JUNE 4th, 1925

THE Astronomer and Spiritualist you are interested in has been here now for some time. He was with us long before his apparent death in the flesh. He was a constant visitor during his sleep at night, and knew a very wide circle in these spheres, but of course his earthly memory was then made a

blank on his return, to enable him to endure mortal suppression, and the drab monotony of transient things. Mortals must be content to wait and pray. Keep up your courage and always go to the wonderful fountain head for wisdom and endurance. When you pray you gather strength and control, the waves of prayer are like great floods of music ringing through the ages with mystic miraculous words of love and belief.

## AN AUTHOR IN HEAVEN

I HAVE read here a most wonderful book. It was written by a marvellous Author who has been in your world until quite lately. He is now writing for us. His work is a great inspiration. He is a spirit, and inspires Authors; he gives his ideas to men. Our books are much easier to read than your earth ones. It is no trouble or labour to get through the longest volume. The idea of this particular book was a spirit returning to your sphere burning with zeal from Heaven and meeting all the harsh statements and walls of unbelief, while battling against them with bleeding hands. Then he calls on God's legions of angels and the battle begins. This is a battle of love and not wrath. One by one the unbelievers die and see their errors. Oh! so beautifully told. It is not an earthly work, as it is written for us here.

## ON SECOND MARRIAGES

I THINK they are quite good for those who are lonely and need the companionship of a husband or wife. You notice that the worlds are governed so differently, and relationship here is not of the flesh but the spirit. That is an entirely beautiful thing to which the earthly union is made subservient. Do not judge those who are less constant to one person. Tell them our world is judged on wider lines and greater freedom exists. Mortality is very limited. Waves of melody create a musical chain for the spirit world to work on. We are wonderfully helped in this way to make ourselves felt.

## A MOTTO

Give yourself in generous love to strangers and you will have a path of golden deeds for the future. The best way to keep clear of criticizing others' failings is to remember one's own. The gate of life is always widely open to give everyone a portion of its eternal wisdom if they only ask for it in prayer. Say these words: "God is Love and I must love too." This is a beautiful Motto for today.

## THE SHINING ROAD

Do not think evil of anyone. Thoughts are of momentous importance, for they can make the aura change its colour. A brilliant aura is sometimes wrapped round in a cloud of evil thoughts that defile its touch and texture. A very bright aura, naturally, is not often cloudy, but any anger or bitterness makes it less helpful and good.

Deeds are the substance of life, and you need them of course, but thoughts live longer and are always with you, so guard your brain from malignant enemies. Do not be upset by scoffers. All the pathway is scattered with thorns of unbelief, but you have found the shining road of right thinking. When you see a heavenly blue sky with your mortal eyes you may know it is nothing to the thrilling blue light of an immortal aura, radiant with soul-goodness.

## RENEWAL

BE new in thought, new in hope, new in eagerness to serve and sacrifice. It is the most special desire of God, that His children should renew their minds and faith in him. Try to be re-born and renewed, always advancing, growing and expanding, stretching out your wings to the spheres.

## ABOUT AN OLD ABBEY

I MUST tell you what I feel about this old Abbey in which I am writing. It is most pleasant to inhabit and very much nicer for the monastic influences of past ages. The people who lived and died here are very fond of returning to visit their earthly abode and see what is going on in this century. They like the owner, although he is not a Roman Catholic. They have none of the old narrow prejudices left and are quite advanced in their ideas of the way men and women live now. They are really good and not at all malignant. No evil thing is allowed to enter that place, they guard it from harm. I am glad to write from this old house which is full of supernatural beings. They help me to get in touch with many new and extraordinary personalities. I find the atmosphere alive with spirit influences, and the most amazing beings, all from very old days, the old and new meeting on perfectly friendly terms and speaking of fresh communion between earth and Heaven.

## AFTER THE ALTAR FLOWERS FELL DOWN IN HAMPTON CHURCH

It is quite possible for unruly spirits to haunt even places of worship and try to work up a feeling of distraction among those at prayer. The

"Elementals" are really beings and not fancy. There are spirits of evil in the world, just as there are spirits of good people trying to improve those whom they can influence and guide. Some have lived wicked lives on earth and cannot progress to the spheres of light. I am so glad when people get interested in mysticism. If everyone would consider it a great help to religious thought and practical Christianity, the world would be a different place for those who are so often in doubt and perplexity.

## HEAVENLY MUSIC

IMAGINE this musical wonder—a most amazing combination of sounds transmitted from sphere to sphere—joining in one tremendous Service, making a magical effect with a company of people in robes of gorgeous colours, like brightest jewels glistening in entrancing light. Picture the finest forms of beauty ever created—in groups, singing together like a mass of golden bells in glorious harmony, and then you may be given a glimmer of imagination. You cannot really visualize the miraculous scenes of this beautiful world while the fleshly prison binds you down to earth life, which is your work and portion, till God calls your soul to untold joy. I want material forces to work with spiritual ones, and help the chain of intercourse to build a never ending wall of communication, to shut in the good, and shut out the evil. Picture a canal of shining light—pure water streaming through a dark world of doubt and misconception; in a great flood of light flowing further and further into waste desert places that cry out for its refreshing streams.

## THE RADIANT WORLD OF IMMORTALITY

I KNOW how all those on earth must long to hear a more accurate description of this blissful place. It is a real Homeland, without anything in it mysterious or uncanny, as worldly people are inclined to think. Nothing annoys us more than to see the souls of mortals shrinking in fear of what they call the supernatural. So much comes under that category in mortal life—all nature might be called supernatural, yet you are not afraid of it, and children are told not to fear the dark, yet grown-up people fear the grave and think of it with horror. Try to picture the grave as a wardrobe in which a worn-out garment has been folded away, since without its wearer it has no further use or purpose. The body that used it is clothed in spotless attire that never grows old or soiled. It is marvellous here to be released from the tyranny of dress and always look beautiful without effort or consideration.

We move about with perfect ease from sphere to sphere; time, fatigue, money, all eliminated from the programme. If you can imagine the delight of living in this freedom you have taken the first step to realizing the kind of existence we enjoy.



## ON COLOUR

THE rainbow of colour that makes the working of the mind shine out as rainbows in the firmament is worth a word of explanation.

Your minds are like kaleidoscopes of brilliant hues reflecting the world of thought, so often called imagination. You do not imagine things. They are given you by messengers from a higher sphere when they are uplifting and beautiful—or they may be evil imaginings from lower spirits, known as fallen angels. Do not allow these to remain in your keeping, but cast them out and clear your brain of their contaminating presence. Then seek the rainbow of light and set your mind on the heights. Strength will be poured down like a refreshing shower and the battle will be won, the pure bright influence remaining to guard you against such unholy visitors.

## UNFAILING POWER

MY best thoughts are always controlled by a higher power, and on earth it is the same. The power never fails, if you will expect it; ask for it, and believe in it, making your body and mind the Reception-Room for this helpful gift. The moral teaching of the Bible is often overlooked by its critics, and I want to say a word in favour of this Book. The men who wrote it were inspired by those who had passed on into immortal Life. That is why it is almost laughable when religious people who love their Bibles are against spirit communication. Much more was known in those days of psychic matters. They made the Prophets great because they recognized in their utterances an influence from beyond. The Bible has survived throughout these long years of upheaval and religious controversy because it is God's Word, given to man by the hand of man. Though its teaching is so old it is always a lesson to every age and will be preserved until your world is swallowed up in the Victory of Eternity.

## INCONSISTENCY

PEOPLE who worry and fret about earthly affairs are very inconsistent in their faith. They may say they believe in God and His undying love, but they slight Him at every turn, by not asking for greater help. He can send armies of helpers if they are summoned by the action of a really believing heart, but frequently all is dimmed by half measures and doubts that paralyse the channels of communication, putting back the reinforcements. Go forward more bravely into the battle with sin, sorrow, or failure. Do not turn away from the working of mighty men in unseen

camp, with great stores of ammunition from the very highest source. Ask for these powerful agents, expect a reply, and you will always win your way to the front rank with the weapons of the mighty Host of hosts.

## PSYCHIC PHENOMENA

MAGNETIC spiritual currents are most marvellous and inexplicable, like fluid running between two streams to join them in one river. There is often a great difference in receiving psychic phenomena. Some people are so material with it, while others are entirely guided by angels, and messengers from the highest spheres. I am eager to teach people a way of calling their dear ones in moments of trance, for instance when resting on a sofa. Try to keep your hands very limp as if something were about to come into their grasp, for which you were calmly waiting. Part your lips slightly, as if about to speak, and open every recess of your mind, not aloud, but with the voice of your intellect. Words spoken back to you will (probably) rise to your lips, and you will find yourself saying them fervently aloud. If these words come it will be your dear one speaking. But do not be disappointed if you have no inclination to say a word. It will only mean that the current I mentioned is not sufficiently strong just then, and that a small interesting experiment has failed.

## MIND WAVES

I WISH to tell you how we here are trying to make wires of telepathic communion with people on earth. We send down to your sphere a marvellous series of mind waves like written messages or telegrams. They are received by some who are trying to get into mediumistic connection with the unseen. God wills us to do this, it helps others to believe in survival after earthly death. Many sad bereaved people have been assured of our eternal life here. God does not judge from men's standards. He decides on lines you have never imagined on earth.

## PASS ON KNOWLEDGE

Do tell people, who are inclined to be interested, what a wonderful world ours is and how near we are. The words "above" and "beyond" do not convey a right description of our state. We are all round you and not removed to a far off planet. The spirit pierces space as quickly as the lightning you see descending from Heaven to earth. I wish I could be in a pulpit for five minutes to tell the congregation what I have seen and

heard. It would indeed surprise them. I would tell them that death is no more, that it has been conquered, and cannot touch the eternal soul or blot out personality. It is the crowning joy of your earthly career, the blissful climax. How I wish everyone believed and knew this!

## REVOLUTION OF SPIRITUAL LAWS

MEN and women who are very psychic are now meeting their spirit friends in a new and entirely miraculous way. A mortal coil, like a rope from one to the other, constitutes a life line—to use an earthly illustration. We are all joining up in new forceful concentrated bodies. You will be feeling the benefit of this all the time. You have no idea how the links and bonds are being forged by angel workers whose success is entirely due to the love of God for His children in the mortal sphere of pain and parting. It is so sad that so many are totally unaware of what is being done for their consolation. Tell everyone who is interested.

## CELESTIAL HABITATIONS

OUR celestial habitations give no trouble like your earthly homes and are all for joy, peace and rest. The plague of life is physical fatigue and restrictions of every kind. You are always hemmed in by material boundaries that cramp the soul and make it weary for future freedom. We are always so blissfully conscious of our well being and advantages. You cannot picture the superlative beauty or even imagine its shadow. It is too ethereal and magnetic. The conditions here are such an improvement on material life. The world is very unbelieving. When doubters tell you that automatic writing is worked by the subconscious brain, as so many people think, tell them that the Lord Himself was suspected of trickery on earth and looked on as a fraud. The mysteries are absolutely true, real and eternal. There is no separation or death. Glory in this great certainty, and pray for all those in the darkness of doubt and the sea of despond.

## MAINTAINED INTERCOURSE

THE opportunity of automatic writing strengthens and maintains intercourse with dear ones. Many who are separated by death can never get a word through to the material world. Of course the delight when they do meet may be greater, but the suffering for the bereaved is very terrible when they have not this certainty of satisfaction. We, here, grow in strength and earthly magnetism and are able to give physical evidence of

our nearness. Though our bodies mercifully trouble us no longer, our happiness is more beautiful and exalting than words can say, in the sweet homes of Heaven's fair land. Imagine all the rapturous wonder of that life to come when there will be no more burden of the flesh below. We shall all be together again soon.

## HOSPITALITY

WHEN your last breath has been wafted away, you will know that all your deeds on earth have sown future gain or loss, and that nothing is overlooked or forgotten. If people would only remember this and hold to this belief, they would never dare to be unkind, thoughtless or insincere. Do not mind the trouble of entertaining friends who wish to see you. The strain may be wearisome, but hospitality is very good for the soul. You may not realize, while still on earth, how miraculous this privilege is, but you will know later and be surprised.

## WAKEFULNESS

IF prevented sleeping, say very calmly: "I am given this wakefulness to test my patience and teach me my mortal weakness." Then pray fervently to be received into God's upper circles of light and lifted above the flesh which makes the present home of your spirit. I think the doors will be opened quickly in answer to that prayer. But you must pray in complete faith and certainty of loving response.

## PROGRESSION AND VARIETY

THE beauty of this life is its variety. We are always progressing and expanding our work and influence. The work is all pleasure to us, and so, really, work seems hardly the right word to use. It is growing opportunity and widening life. The daylight here is quite different to earthly light, so much softer and more mellow. It is too heavenly for your earthly imagination or language.

## DREAMS

DREAMS are very tiresome earthly things at times, and yet they can sometimes travel over the borderland and be of divine essence. Those are the dreams that are never forgotten all your life. The best way to



sleep is to cultivate a thoroughly peaceful and joyous spirit. Let the mind contemplate beauty and dwell on all that pleases, and then the world of calm comes nearer to earth, making an impression on the soul of the mortal.

### THE MATERIAL VEIL

TRY to get people to make efforts and use their psychic powers more definitely. The material veil is never so solid as people imagine. It is only your minds that make it so. The brain can be emptied from unnecessary prejudices if a person, wanting to believe, is willing to make the effort. It is like sweeping away cobwebs in a dusty room. We are the willing servants of that clearing out of old-fashioned prejudices and fear. Go on with it, don't be afraid.

### FEAR OF THE UNKNOWN

I AM sure people on earth would not grieve if they understood how unimportant death is, as it does not separate the spirit from us, but only the body, and we are still united to those we love. Death is worthy of reverence, but not of grief. We must reverence this act of God, but not abuse it by sorrow for the dear one's ascension into joy and peace. The world is much more believing than when the subject of spirit intercourse was so ridiculed. I wish I had known more of it on earth. I should never, then, have disliked the thought of death as I did. Most people fear it desperately, not because of illness or pain, but because of the unknown world which is so great and marvellous that all who come to it are filled with unspeakable admiration and surprise. You must rely on help outside yourselves, and expect it, then it will come, for the way to create happiness is to call on that great gift of inward peace that is always near to the soul.

### THE CHIEF SURPRISE

THE other world is so near to you that this fact is one of the chief surprises when you first come here. People are so unbelieving, I often wish we might be given a freer hand to demonstrate our powers. We could do so much if we might burst the bonds. But they will all learn their lesson in time, and it will be the stronger for being withheld and then revealed at the moment of death, which is really only increased and vigorous life.

### NEW-COMERS HERE

WHEN talking to friends about spirit communication, do not forget to tell them I am absolutely alive, and with you as much as if they could see me. I like my old friends not to picture me dead. Some recent new-comers here are so delighted and surprised at the lightness of their spiritual bodies. But it was strange to them, as they were very ignorant about this world. Their religious education was neglected on earth. They said: "Why were we never told about this before?" They were very young, inexperienced and pure minded. They were killed in a disaster in full health and strength. They look on it now as great good fortune.

### ATTRACTION AND TRAINING

WE are able to help you so much by filling your minds with thoughts of love and peace. Thoughts are always creating your atmosphere and making you attractive, or otherwise, to those you meet or live with. It is good to remember this and train the mind as you would train an animal you wanted to serve you, or a child. I am always helping you to mount higher than you would otherwise, if I were not in this world.

### HOLDING BACK

NEVER hold back when you think of helping someone. The world is very full of people who think of kind deeds and never fulfil them. The work we are doing is most engrossing. I cannot tell you how much we enjoy our professions here. The beautiful atmosphere of love and goodwill here is ennobling for your character, making you resemble us, though still mortal, and so of course you are subject to weaknesses.

### UNSEEN HELPERS

Do active work now while the day is bright and the occasion ripe. When you are talking, remember that words will be put into your mouth to make it easy. You have only to try and be receptive and realize you are being guided by unseen helpers. Our work is progressing very well with help always ready when required. Unbelievers are greatly to be pitied by you who are given faith. Never feel angry with them, only sorry for their hardness of heart. The work you do is very necessary and lasting. You never can gauge the power of personality and influence.



## SYMPATHY

WHEN you write to a bereaved person, say you believe implicitly in the survival of the so-called dead, and have no fear of death, as it is only the entrance gate to a wider, fuller life of activity and charm. They will be helped by your sympathy.

## GRATITUDE

I WISH you could know God as I do, and understand His wisdom and love towards His Children on earth. We are always praising his miraculous goodness by manifesting our love and trust in his decisions. When people who do not know Him talk against Him, we feel so grieved and sorry for their failure to accept such a loving Father. He listens to prayer and wants you to be happy. This sounds like a lecture, but I feel the necessity of impressing on you the gratitude I enjoy so strongly myself.

## BARRIERS

THE world is now ripe for revelation, and I am not sorry if the unbelievers in spirit control have decided to launch an attack at our mediumistic workers on earth. I shall be very interested to watch the fight. We shall, of course, help our own whom we control, and try to give them ever-increasing facilities for communication. We have the power to guide those who want us, but it is not easy to change the opinion of confirmed unbelievers. It is like being shut behind a locked door with a person the other side, determined not to open it, even a crack. We only regret it for their sakes, and those they influence on earth. They are so blind that they cannot conceive the subtle mind of a clairvoyant, who looks out on a different plane.

## AFTER A FUNERAL

I HAVE been very much interested today by the mortal ceremony over an immortal friend. I was standing all the time in the church. The coffin was very much surrounded and influenced by extraordinarily strong spirits. The attendant angels, grouped round the body, were making the atmosphere alive with their presence. My dear friend was far away in a place of great bliss, for he needed the rest of this Eternal Shore after his hard fight for life which bound him to earth. Tell his friends to feel happy and give him the pleasure of seeing them in the wonderful Mind-Mirror, which reflects, for us all, what our dear ones are thinking and feeling.

## UGLY STONES

THOSE who walk in darkness should lift up their hearts in supplication, and say to their Father in Heaven: "Grant, dear Lord, that I, who wander in the shadows, and grope my way through a wilderness, may learn to follow the path of Light, which only Thy Hand can direct. Save me from throwing forward ugly stones, over which I must stumble on the road." Your journey is watched over by the great Director, who can wipe away those many obstructions built up by contact with the world. If you keep your faces turned to the Morning Star, you will never grope for a guiding lamp. God is that Star, and His Light never fades.

## YOUR GIFT-HOUSE

THE spiritual atmosphere surrounding those in touch with us here is very helpful to all who come into contact with believing souls. Thoughts that radiate from minds assured of intercourse with this world must be far more beneficial than those of merely earthly origin. We try to get psychic people into a circle of light, that they may spread it, as the sun sends beams into the darkest attics, where no beauty redeems the surroundings. Sometimes you may feel resentment that you are unable to help friends in trouble, or alleviate suffering. Perhaps you are vexed that your purse is too empty to do what you desire for the needy. Well! consider your "Thought-Store", and the "Gift-House" that you possess, and make from them presents to those in dire distress or agony. Give them part of yourself. Think of them with overwhelming love and pray for them in faith. All can do this. No one is useless. We often wait and long for the co-operation of earthly brains. Instead, we see a blotted page of discontent, and marvel at the shortsightedness of mortal minds. Please try and remember what I am telling you now, as you move about among your fellows. Give them thoughts that can rejuvenate, prayers that can save, and love that is eternal.

## MY FINAL MESSAGE. I SAY GOOD-BYE REGRETFULLY

THIS is my final message to those who have read my book. I am writing it in matter-of-fact language, as I do not want you to imagine spirit existence is markedly different to mortality. We are all one in unity, thought, and endeavour, only our surroundings give us opportunities, and openings, that expand our usefulness. Mind impressions are often the easiest way of communicating, as I have said before, and I want to repeat it in my farewell word. If what I have told you in this book can train even one materialist to listen for Angel voices, or the counsel of friends here, I shall thank my Father for His great goodness in letting me communicate with earth. We are all very anxious to impress on you that God gives us



permission to approach your plane. We never come without a passport from Him. What a wonderful work we could do if we were given the freedom of your shores, to appear in person, and testify for our Creator ! But, since this is not intended, or desirable in His eyes, any concession should be treasured as gold, and gathered into the garner of a spiritual Harvest. I am saying good-bye to my readers regretfully. I could fill the world with books of all I see and know. But, there again, the revelation of our joy must not overpower those on earth. So we speak guardedly, and in your language, keeping back the best part for your discovery when you are made citizens of the Eternal Heaven. I hope you will "read, mark and learn" from many books far better expressed than mine. I am intensely interested in the progress of Spiritualism on earth. I send to workers, as well as to those only beginning this illuminating study, a wealth of love and encouragement, beyond all the love of earth. Remember we live in love. We hate malice, envy, or revenge. We have left all that behind. My good-bye word is : Be harmonious, and filled with faith from the store of evidence now given to man. Pray with all your hearts to be prepared for the moment of your coming into the matchless glory of unending Day.

Your friend in the spirit,  
ROBERT GEORGE GRAHAM.

THE END

